

## ORGANIC FGGS

### ORGANIC FARMED EGGS SERVED TO YOUR LIKING (G) (D)

Omelet | Scrambled | Fried | Poached | Boiled

#### EGGS BENEDICT (G) (D) (P)

'Apaki' Cured Cretan Pork, English Muffin & Hollandaise

#### EGGS ROYAL (G) (F)

Smoked Salmon, English Muffin, Kritamo from Tinos & Citrus Hollandaise

#### STRAPATSADA (D)

Scrambled Eggs, Ripe Tomatoes, Crumbled Feta Cheese & Fresh Oregano

#### **SHAKSHOUKA**

Fried Eggs, Stewed Tomatoes, Onion, Spices

## ENERGETIC START

#### EGGS WHITE OMELET (D) (N) (TN)

Spinach, Toasted Tree Nuts & Katiki from Domokos Cheese

#### **HIGH PROTEIN PLATE** (G) (D) (N) (TN)

Poached Eggs, Spinach, Toasted Tree Nuts, Avocado, Sour Cream & Rye Bread

#### **AVOCADO TOAST** (G) (VG)

Rye Bread, Avocado Spread, Mizuna, Radish, Extra Virgin Olive Oil

#### PORRIDGE (N) (G)

Almond Milk, Aegina Pistachio, Cinnamon & Pomegranate

#### ACAI BOWL (N) (D)

Banana, Wild Berries, Goji, Chia Seeds, Walnut, Almond & Thyme Honey

## FROM OUR PASTRY

#### PANCAKES (G) (D)

Maple Syrup, Seasonal Fruits

#### FRESHLY BAKED WAFFLES (G) (D) (N)

Nutella, Banana

#### 'BOUGATSA' (G) (D)

Baked Phyllo with Custard Cream, Cinnamon & Powdered Sugar

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FRESH ORANGE JUICE (V)

FRESH GRAPEFRUIT JUICE (V)

FRESH POMEGRANATE JUICE (V)

#### **GREEN DETOX SMOOTHIE (V)**

Green Apple, Spinach, Cucumber, Lemon, Celery

#### BERRY ANTIOXIDANT SMOOTHIE (D)

Strawberries, Mixed Berries, Greek Yogurt, Almond Milk, Honey, Chia Seeds

#### TROPICAL ENERGY BOOST SMOOTHIE (V)

Mango, Orange Juice, Carrot, Pineapple, Ginger

#### PROTEIN-PACKED CHOCOLATE SMOOTHIE

(D)

Banana, Chocolate Protein Powder, Almond Milk, Peanut Butter

#### THE AESTHESIS LEMONADE (V) (S/L)

Lemon, Rosemary, Oregano, Honey, Ginger

## TEA

Luxury British Breakfast
Elite Earl Grey
Greek Rosebuds &
Hibiscus (S/L)
Chamomile Blossom (S/L
Superior Black Tea

Greek Mountain Tea & Lemon Verbena (S/L) Refreshing Mint China Green Tea Forest Fruits

## COFFEE

Espresso
Cappuccino
Americano
Instant Coffee

Freddo Espresso Freddo Cappuccino Greek Coffee (S/L)

Dishes indicated with (A) Alcohol | (C) Celery | (D) Dairy | (E) Egg | (F) Fish | (P) Pork | (G) Gluten | (L) Lupin | (M) Mustard | (N) Nuts | (TN) Tree Nuts | (R) Raw | (S) Shellfish | (SE) Sesame, (SO) Soybean | (SU) Sulphites | (V) Vegetarian | (VG) Vegan – Responsibly Sourced | (S/L) Sustainable/Locally Sourced. Consumption of raw or undercooked meats, seafood, or poultry products, such as eggs may increase your risk of food borne illness. Please notify your waiter if you have any known food allergies or intolerances. Our food is prepared in an environment where other allergen ingredients are handled. Prices are in euro and include all applicable taxes.