

One&Only Spa

SIGNATURE TREATMENTS	Minutes	Price (AED)
Traditional Hammam	60	710
Royal Hammam	90/120	855/1,180
Indulgent Hammam by marocMaroc	90	875
Golden Hammam	60/90	875/1,100
Holistic Hammam and Sound Ritual	90	2,400

ONLY BODY

Nature's Resonance Experience	70	775
Essence of Arabia	120	1250
Holistic Body Ritual	120	1250
Pre & Post Natal Massage	60/90	775/875
Body Wrap	60	675

ONLY FACE

Personalized Facial	60/90	775/875
Rejuvenating Hydrafacial	60	970
Ultimate Hydrafacial	90	1,275
Reparative Facial	60	850
De-puffing Facial with Cryo Globes	60	950
Black Diamond Non-Surgical Lift Facial	90	1,100

MASSAGE

Aromatherapy Massage	60/90	710/835
Swedish Massage	60/90	710/835
Deep Muscle Massage	60/90	745/875
Hot Stone Massage	60/90	775/875
Thai Massage	60/90	775/875

RECOVERY

B Strong Treatment	60/90	815/950
B Silent Treatment	90	950
BAMFORD Signature Wellness Facial	90	1,100

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SPECIALTIES

	Minutes	Price (AED)
Sound Healing Massage Ritual	90/120	995/1,310
Tibetan Sound Massage	60/90	775/875

COUPLE TREATMENTS

Couple Hammam Experience	90	1,800
Optimal Release	90	1,800
Total Holistic Duo Ritual	120	2,400

MICRO COLLECTION

Back, Neck, and Shoulder Massage	35	400
Foot Massage	35	400
Body Scrub	35	400
Instant Facial	40	550
Purifying Glow Hydrafacial	30	635
The Bathing Ritual	45	625

PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ

Bastien's Duo	75	870
Bastien's Pedicure	60	575
Bastien's Manicure	45	335
Foot 'Refoundation' Massage	35	315
Paraffin Touch	20	130
Color Touch	20	135
French Touch	30	135

FITNESS CENTRE

Personal Training Session	45/60	275/400
Assisted Stretching Session	30	275
Core Training Session	30	275
Shadow Boxing	30/45	200/250
HIIT Training	30/45	150/200
Private Yoga Session	60	500
Suspension Training	30/45	150/200
Tabata Training	30/45	150/200
Sports Gun Massage	30/45	200/250
Sports Traditional Massage	30/45	275/350

All prices are in AED and inclusive of applicable municipality fee, service charge and VAT.