

The Luxe

One&Only

DESARU COAST

Malaysia



IMMERSE

discover inner joy
where you can truly
relax, unwind and
recharge... enter
our spa and truly
immerse your soul

One&Only

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TREATMENTS

Experience a tranquil escape at One&Only Spa, where our immersive treatments, curated in partnership with Augustinus Bader, blend traditional therapies with nature's finest. Step into a holistic journey at One&Only Spa that extends beyond its walls, harmonizing mind, body, and spirit for absolute wellness.

ONLY HERE

One&Only Desaru Coast's signature treatments.

ONLY FACE

Facial treatments that deliver visible results.

ONLY BODY

Massage treatments for total body relaxation.

ONLY NURTURE

For new and expectant mothers.

ONLY MODERN ALCHEMY

Inspired by ancient traditions.

HAIR AND GROOMING

Revitalize hair's healthy beauty.

PEDI:MANI:CURE

Hand and foot treatments curated by award-winning podiatrist, Bastien Gonzalez.





ONLY HERE

Indulge in our spa's exclusive Malaysian-inspired treatments. Our unique collection combines diverse massage techniques gathered from our country's rich cultural tapestry. From the Malaysian herbal foot soak to Indian head massage and more, each experience reflects our multicultural heritage.

THE MALAYSIAN SIGNATURE (90 MINUTES)

Delve into Urutan Malaysia, a massage interweaving ancient Malay, Chinese, Indian, and Indigenous traditions. Begin with a herbal foot soak and embrace Qi Gong breathing. Indulge in an Indian head massage leading to deep tissue techniques, offering complete rejuvenation and holistic wellness.

THE INDIAN ESSENCE (55/90 MINUTES)

Uncover the essence of harmony through age-old methods and aromatic therapies, celebrating the profound wisdom of Indian culture. Beyond the surface, this holistic experience resonates with the equilibrium of Ayurveda, harmonizing mind, body, and soul.

THE MALAY SERENE FUSION (55/90 MINUTES)

Embark on a serene fusion journey, guided by the gentle wisdom of Malay traditions. The deliberate strokes seamlessly weave tranquility into every touch, releasing tension through rhythmic motions that echo the serenity of Malay heritage. This massage, ranging from medium to deep pressure, rejuvenates your essence, embodying the serene spirit of Malay culture.

THE INDIGENOUS TRANQUIL (55/90 MINUTES)

Immerse yourself in an exotic journey inspired by Borneo's revered indigenous healers. This massage fuses ancient wisdom, employing forearm, palm, and thumb pressures echoing the sacred practices of the Bobohizan. Experience relaxation and mental tranquility as this massage honors Borneo's cultural legacy.

THE CHINESE VITALITY (55/90 MINUTES)

Immerse yourself in radiant vitality, an ode to centuries of Chinese practices. Invigorating massage techniques and the ancient art of cupping are interwoven into this treatment, mirroring the vibrancy of time-honored traditions. As the therapist's hands trace pathways that enhance circulation and rejuvenate from within, you experience a revitalization that echoes the wisdom of Chinese wellness.

ONLY FACE

Uncover your inner glow and experience rejuvenation from within. Our skilled experts blend timeless holistic practices with Augustinus Bader's latest skincare innovations, tailoring the ideal facial treatment for you.

AUGUSTINUS BADER FACIAL (60 MINUTES)

Embark on a captivating skincare ritual with Augustinus Bader's introductory facial – an enchanting experience that transcends time. The transformative mask unveils your inner radiance, gracefully lifting and illuminating your complexion with profound hydration, leaving you with a luminous and rejuvenated visage.

AUGUSTINUS BADER SUPERIOR DELUXE FACIAL (90 MINUTES)

Augustinus Bader Superior Deluxe Facial treatment begins with a triple cleansing ritual, creating the perfect canvas for transformation. Using the essence with precision, activating and sculpting, while the gentle caress of lymphatic drainage unveils a harmonious balance. Immerse yourself in the sanctuary of relaxation, where the three pillars of serenity – mind, body, and spirit – are seamlessly woven together, creating an experience beyond the ordinary.

AUGUSTINUS BADER EYE RITUAL (35 MINUTES)

This exquisite eye ritual not only revitalizes but also bathes your delicate eye area in luxurious hydration, bestowing upon it a radiant luminosity that defies time. It diminishes the shadows of dark circles, gently erases the fine lines of age, and harmoniously fades the tapestry of hyperpigmentation. In an instant, your eyes will reveal a captivating glow, a testament to the timeless elegance of Augustinus Bader's artistry.





ONLY BODY

Leave behind discomfort and stress as you step into a realm of relaxation. Unwind and rejuvenate with the healing touch of body therapy, melting away tension from both body and soul in a unique and tranquil experience.

RENEW & REVIVE GREEN CAVIAR BODY EXFOLIATION (55 MINUTES)

Experience the ultimate in revitalization with our *Green Caviar Exfoliation* treatment. Harnessing the power of Centella Asiatica leaves, Seaweed, Coconut, and Green Caviar, this luxurious blend combats oxidative damage while enhancing skin elasticity. As a true ally in your anti-aging journey, this treatment leaves you with a radiant, age-defying glow.

SOOTHE & RESTORE REJUVENATE BODY BALM (45 MINUTES)

Indulge your skin after sun exposure with our *Rejuvenate Soothing Body Balm*. Crafted to infuse moisture and calmness, this balm is a tailored solution to post-sun hydration. Packed with soothing ingredients, it not only replenishes lost moisture but also minimizes redness and inflammation. Let your skin bask in the serenity it deserves after soaking up the sun's rays.

AUGUSTINUS BADER BODY RITUAL (90 MINUTES)

Indulge in the exquisite realm of personalized skincare with the method of Augustinus Bader – a sublime 90-minute journey that breathes new life into your entire being. Your body is cradled by the sumptuous embrace of Augustinus Bader's award-winning formulas, fully tailored to your preferences and needs.

ONLY NURTURE

Experience a haven of care and rejuvenation crafted exclusively for new mothers and expectant moms. It's your time for extra pampering, and what better setting than a serene island paradise?

MATERNITY MASSAGE (90 MINUTES)

Allow yourself to be enveloped in unprecedented relaxation with our exclusive full-body massage tailored to expectant mothers. Your therapist's skilled touch will focus on areas prone to tension during pregnancy, providing you with a well-deserved reprieve.

TIME OUT FOR MOTHERS-TO-BE (120 MINUTES)

Embark on an extensive journey of relaxation, perfect for both new mothers and those eagerly anticipating their bundle of joy. Our thoughtfully curated selection of nurturing treatments is guaranteed to uplift your spirits. Drift away with a gentle back exfoliation and tension-melting massage, followed by a massage dedicated to soothing tired feet and legs. A revitalizing facial cleanse and massage will restore your natural radiance. This is the ultimate prescription for unwinding and pure relaxation.

KID'S MASSAGE (45 MINUTES)

After an adventure-packed day around our coastal sanctuary, the little ones can look forward to a relaxing head, neck and shoulder massage, including a nourishing scalp massage. Tailored exclusively for children aged 6 to 12 years old.





ONLY MODERN ALCHEMY

At One&Only Spa, it's not just relaxation; it's a holistic rejuvenation that touches both body and mind. Whether you're seeking relief from weariness, stress, or a desire to restore your inner sparkle, our vitality treatments are your pathway to renewal.

THE SYMPHONY OF RELAXATION (90 MINS)

Experience the transformative power of our modern alchemy, where advanced science blends harmoniously with ancient relaxation techniques. This holistic journey seamlessly weaves three rejuvenating elements. Begin by realigning your body's rhythm through a HRV Biofeedback Training session, followed by a Deep Relaxation Massage that gently unwinds both body and mind, promoting overall well-being. Culminate in the immersive Neuro-Acoustic Deep Relaxation Treatment that guides your brain into a state of profound calmness.

THE HYDRO EXPERIENCE (40/80 MINS)

Step into a world of elegance and rejuvenation with an enduring centerpiece of opulent spa experiences. Nestled upon a plush table in a cascade of soothing water, our expert therapists administer bespoke treatments, from invigorating scrubs to detoxifying body mud. Immerse yourself in this oasis of serenity, where the harmonious synergy of water and touch creates a transformative journey, leaving you feeling refreshed, renewed, and radiant.

Tailored exclusively for her.

NEURO-ACOUSTIC DEEP RELAXATION (25/55 MINS)

Be immersed in a state of profound relaxation and inner balance through the technology of neuroscience. Using auditory signals that the brain typically interprets as triggers for deep relaxation and recovery, the autonomic nervous system is placed into deep parasympathetic dominance to harmonise mind, body and spirit.



HAIR AND GROOMING

Experience a world of pampering at our salon, offering services that restore hair's vitality and radiance, complemented with trendy styles tailored to individual personalities. Our salon proudly utilizes Organic Way (Oway) products, the pioneer in professional organic hair color, care, and styling, enriched with biodynamic, organic, and fair trade ingredients. These premium formulations feature active botanicals and pure essential oils sourced from Oway's pesticide-free biodynamic farms in Bologna, Italy.

OWAY SCALP TREATMENT

Revitalize your scalp with our Oway Scalp Treatment, featuring the nourishing benefits of Oway products. Experience the soothing effects of natural ingredients, leaving you with a refreshed and invigorated scalp.

OWAY REBUILDING HAIR TREATMENT

Rediscover the vibrance of your hair with our Oway Rebuilding Hair Treatment. Let these premium formulations repair and rejuvenate your locks, enhancing their natural beauty.

HAIR CUT, HAIR WASH & STYLING

Elevate your appearance with our Hair Wash & Styling service. Enjoy a relaxing hair cleanse followed by skillful styling that accentuates your unique charm. Complete your transformation with a professional hair cut, leaving you with a fresh and stylish look.





PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ

Entrust your hands and feet to the care of the world's most revered podiatrists. Bastien Gonzalez's multi-award-winning hand and foot treatments have been lauded by VOGUE as "The Rolls-Royce of manicures and pedicures".

BASTIEN'S DUO (75 MINUTES)

This synchronized four hands treatment focuses on your feet, legs, hands and arms. The ultimate in manicure and pedicure luxury with total relaxation

BASTIEN'S MANICURE (45 MINUTES)

An exceptional manicure in 3 steps: A cuticle and nail treatment, including a natural beauty finish to the nail and thorough massage of the forearms, wrists, hands, and fingers. An unforgettable experience!

BASTIEN'S FOOT RITUAL (60 MINUTES)

A luxurious foot treatment designed to restore and rejuvenate. This experience begins with meticulous nail care, featuring gentle buffing to enhance the natural beauty of your nails, leaving them with a healthy, radiant shine. Followed by a skin treatment to smooth hard skin and dryness. The journey concludes with a genuine massage, extending from your toes to your knees, expertly relieving muscle tension and heaviness, and promoting a sense of deep relaxation and well-being.

FOOT REFOUNDATION (35 MINUTES)

A treatment designed for the total well-being of the feet and legs. Ideal for legs, heavy and tired after long flights, this truly relaxing massage is from the toes up to the knees, focusing on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet. The preliminary exfoliation performed with the Black Diamond Scrub will ease the penetration of the cream used during the massage. The effects of its active ingredients are thereby being optimized.

GLOBAL MASSAGE REFOUNDATION

(35 MINUTES)

A completely soothing and calming massage from the toes up to the knees, from the fingers up to the elbow, this massage creates a light sensation to the whole body, relieving legs and arms from muscle tension and heaviness. The wellbeing lies in two points: skin elasticity and optimum mobility.

KID'S MANICURE (45 MINUTES)

Elevate the pampering experience for your little ones with our manicure and color touch service specially designed for kids.

PARAFFIN TOUCH (20 MINUTES)

Intensify any Bastien Gonzalez treatments by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers into the skin for deep hydration. It will enhance relaxation and ease tension in the joints and muscles.

BLACK DIAMOND SCRUB TOUCH (10 MINUTES)

Elevate your Pedicure or Manicure by adding on the Black Diamond Touch. This mineral foaming scrub permits a vigorous natural exfoliation, aiding the removal of dead skin cells and leaving it smooth and silky. Essential oils of Thyme and Sage contribute to maintaining healthy and elegant feet and hands.

SPA

tariff

ONE&ONLY SPA TREATMENTS	DURATION (MINS)	PRICE (MYR)
ONLY HERE		
The Malaysian Signature	90	820
The Malay Serene Fusion	55/90	520/780
The Chinese Vitality	55/90	520/780
The Indian Essence	55/90	520/780
The Indigenous Tranquil	55/90	520/780
ONLY FACE		
Augustinus Bader Facial	60	680
Augustinus Bader Superior Deluxe Facial	90	1,100
Augustinus Bader Eye Ritual	35	480
ONLY BODY		
Green Caviar Body Exfoliation	55	420
Rejuvenate Body Balm	45	420
Augustinus Bader Body Ritual	90	820
ONLY NURTURE		
Maternity Massage	90	780
Time Out for Mothers-To-Be	120	1,200
Kid's Massage	45	420
ONLY MODERN ALCHEMY		
The Symphony of Relaxation	90	850
The Hydro Experience	40/80	450/800
Neuro-acoustic Deep Relaxation	25/55	255/480
HAIR AND GROOMING	DURATION (MINS)	PRICE (MYR)
OWAY Scalp Treatment	90	650
OWAY Rebuilding Hair Treatment	120	650
OWAY Rebuilding Hair & Scalp Treatment	150-180	1,200
HAIR WASH & STYLING		
Male	40	250
Female	60	300
HAIR CUT, HAIR WASH & STYLING		
Male	60	300
Female	90	380
PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ	DURATION (MINS)	PRICE (MYR)
Bastien's Duo	75	780
Bastien's Manicure	45	390
Bastien's Foot Ritual	60	520
Foot Refoundation	35	290
Global Massage Refoundation	35	400
Kid's Manicure	35	180
Paraffin Touch	20	180
Black Diamond Scrub Touch	10	80



SPA ETIQUETTE

OPENING HOURS

One&Only Spa is open daily from 10am to 7pm. The resort reserves the right to alter the time schedule according to the season without any prior notification.

APPOINTMENTS AND ADVANCE BOOKINGS

We highly recommend booking in advance to ensure that your preferred time and treatment is available.

TREATMENTS

If you require further information or advice, our team is at your full disposal. To schedule an appointment or discuss your options, please contact the Spa reception.

LOCKERS

A locker will be at the disposal of each guest. We will provide a robe, slippers, towels, in-shower cosmetics, and other essential items while you are visiting the Spa.

ARRIVAL TIME

We recommend that you check in to One&Only Spa at least 30 minutes prior to your scheduled appointment. This allows us to welcome you and introduce you to the facilities, while also allowing time to briefly discuss your treatment expectations. In the event that you are running late for an appointment, a courtesy call would be greatly appreciated. When possible, we will try to ensure full treatment time for late arrivals, but to accommodate the next scheduled guest, your treatment time may be reduced.

HEALTH CONDITIONS

When making your spa reservation, please advise us of any health conditions, allergies or injuries that could affect your Spa experience.

GIFT CERTIFICATE

Gift certificates for our spa treatments are available upon request.

PRICES

All prices are quoted in Malaysian Ringgit (MYR) and are subject to 8% Sales & Services Tax from 1 March 2024.

PAYMENT / CANCELLATION

Major credit cards are accepted. Payments can be charged directly to your room. A 100% cancellation charge will be incurred for any spa programme or treatment cancelled up to less than or within 6 hours before an appointment. All pre-paid programmes are non-refundable and non-transferable.

AGE REQUIREMENTS

We are delighted to offer treatments for guests from 16 years old and above.

LOSS, DAMAGE OR ACCIDENT

We regret that we cannot be held responsible for any loss or damage of personal belongings. One&Only Spa shall not be liable for accidents or injuries suffered when using the facilities.

VALUABLES

No jewellery should be worn in the Spa, Fitness Centre and pools. Lockers are provided in the changing room as well as safety boxes in the hotel reception for your use. You are fully responsible for your personal belongings.

RESTRICTION OF USE

One&Only Spa is a retreat for your body, mind and spirit. For the consideration of others we request that you turn all cell phones and electronic devices to silent. Smoking in the spa area is strictly prohibited.

CONTACT DETAILS

One&Only Spa at One&Only Desaru Coast, Malaysia
Persiaran Damai, Desaru Coast, 81930 Bandar Penawar
Johor Darul Ta'zim
E: spa@oneandonlydesarucoast.com
T +60 7 878 3400