




GUERLAIN
SPA


One&Only

AESTHESIS

Athens



ENTER A WORLD OF ABSOLUTE
BEAUTY AND WELLBEING



WELLNESS IS AN ART

At Guerlain Spa, beyond being an art, wellness is a true science. Discover an ultra-personalised approach where customisation is elevated to an art form, cutting-edge aesthetic expertise is embedded in science, and multisensoriality promises total wellbeing for the body, mind and soul.



KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Beauty Experts perform treatments that require tremendous technical skill, such as the 19-minute facial, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for more than 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Beauty Experts to adapt their movements and pressure to meet the precise needs and expectations of their client for a unique and absolutely unforgettable experience.



AN INDIVIDUAL APPROACH
FOR INSTANTLY VISIBLE AND
LASTING RESULTS



AWAKEN
THE SENSES

|
A MULTISENSORY EXPERIENCE
WHERE PLEASURE MEETS
EFFECTIVENESS
|

From rare orchids with outstanding longevity properties to the healing products of bees, Guerlain has always been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment throughout the world may be an exceptional experience.



LIGHT UP
YOUR FACE

EXCLUSIVE TREATMENTS



INSPIRED BY THE UNIQUE ESSENCE OF ATHENS,
GUERLAIN HAS DRAWN ON A WEALTH OF EXPERTISE TO
CREATE A RANGE OF EXCLUSIVE EXPERIENCES THAT
OFFER TRUE REGENERATION OF BODY AND MIND

NYMPH OF THE ATHENIAN RIVIERA 120 MIN

This multisensory ritual exalts beauty and femininity. The treatment includes a footbath with delicate flowers, a scalp and body massage performed with rose quartz stones, and the exquisite and tender scent of Rose Cherie. This irresistible experience brings out the inner nymph within every woman.

LEGENDARY STRENGTH 90 MIN

An intense body and back experience crafted especially for Guerlain Spa at One&Only Aesthesis, the Legendary Strength massage is expertly performed with hot glass spheres filled with aromatic oils to improve the musculature, enhance the overall posture, and boost your mind power.

THE ART OF TAILOR-MADE



GUERLAIN HAS FINE TUNED ITS CUTTING-EDGE TECHNIQUES TO PLUMP THE FACE AND SCULPT THE EYES, USING UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME

TAILOR-MADE TREATMENT 60 MIN • 90 MIN • 120 MIN

Let us craft a tailor-made facial treatment specifically for you. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. From purifying to hydrating, re-densifying or regenerating, discover a treatment with infinite customisation.

IMPERIAL FACE SCULPT 60 MIN PROGRAM OF 4 OR 8 SESSIONS

Thanks to meticulous facial and morphological diagnosis and a series of expert gestures, this high-tech sculpting aesthetic massage brings firmness, radiance, and youthfulness to your skin. Its deep muscle work helps redefine the contours of the face, lift the cheekbones, open the eyes, and smooth out wrinkles for an impeccable sculpting effect.

FOCUS RITUALS 30 MIN

To enhance your Guerlain Spa beauty ritual, select an area of your choice to soothe or pamper with additional focus, including the scalp, eye area or neck and décolleté. You will naturally succumb to this sublime, targeted massage as your Beauty Expert pays undivided attention to any areas of concern.

ORCHIDÉE IMPÉRIALE AGE REVERSE



THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS
CONTINUES TO EVOLVE YEAR AFTER YEAR, FOR
ENHANCED PAMPERING AND EFFECTIVENESS

ULTIMATE BLACK ORCHID AGE REVERSE 90 MIN PROGRAM OF 4 OR 8 SESSIONS

The masterpiece of Guerlain treatments is a rare and precious luxury where the symbiosis of gestures and the power of the rare Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

IMPERIAL AGE REVERSE 90 MIN

Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

YOUTH REPAIRING POWER



THE OUTSTANDING NATURAL HEALING PROPERTIES
OF BEE PRODUCTS INSPIRED GUERLAIN TO CREATE
TARGETED TREATMENTS THAT COMBAT THE SIGNS OF
AGEING

ROYAL HONEY REPAIR & RENEW TREATMENT 90 MIN

The Abeille Royale range offers all the healing benefits of bee products. By combining intense exfoliation with a purifying massage using warm plant-infused pouches, it intensely repairs and smooths the epidermis for a rested and luminous face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.



ENHANCE
YOUR BODY

INTENSE BODY ENHANCEMENT



TREAT YOUR TIRED AND STRESSED BODY TO A
WELL-DESERVED BEAUTY BREAK WITH AN
EXTRAORDINARY EXPERIENCE OF PAMPERING
AND WELLBEING

IMPERIAL BODY SCULPT 60 MIN • 90 MIN PROGRAM OF 4 OR 8 SESSIONS

Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and eliminates toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results, naturally reshaping the body to create harmonious curves.

INTENSIVE BODY THERAPY 120 MIN

Pamper your body from top to toe with a trio of intensive body treatments. Enjoy the exfoliating effects of a customised scrub, followed by a soothing wrap and a personalised massage. This treatment is an exceptional and sensual experience that deliciously enhances the body.

BODY POLISH 60 MIN

Let us reveal fresher, brighter skin with a targeted body polish. Following this tailored exfoliation, the skin is clear and refined, with a texture that's as soft as silk. Expertly performed with a surprisingly relaxing effect, this scrub is an invitation to revitalising wellbeing.

SONO-SENSORY MASSAGE

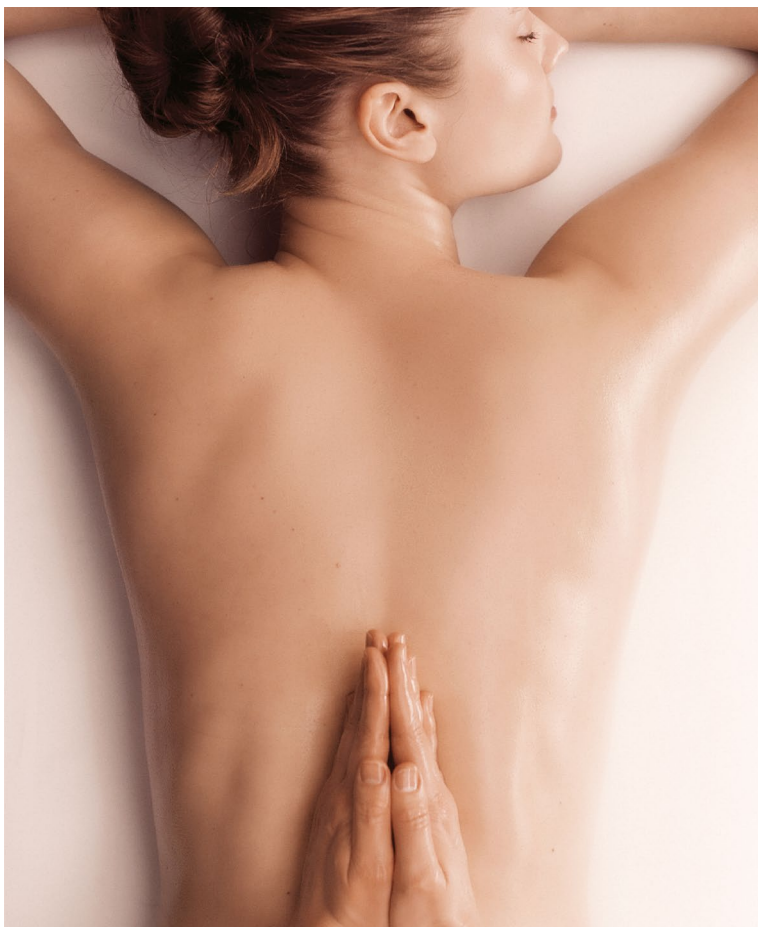


THIS MULTISENSORY JOURNEY TAKES YOU TO
GUERLAIN'S EMBLEMATIC DESTINATION, WHERE
MASSAGE AND MUSIC ARE COMBINED TO MAGNIFY
EMOTIONS AND SENSATIONS

ENERGY OF TIANZI 60 MIN

This voyage into the heart of the Tianzi tropical forest offers a unique awakening of the senses through a perfect harmony between the intensity of the movements and the soulful melody. Offering a sensation that combines grounding, meditation, and elevation, this exploration of the motherland of Guerlain orchids soothes the mind and rebalances the body. It's an emotional adventure that is both vibrant and regenerative in essence, allowing you to be reborn with boundless energy.

RELAXATION & ENERGY



UNWIND COMPLETELY OR BOOST YOUR ENERGY WITH THESE BODY MESSAGES THAT INCORPORATE PRECISE AND BALANCED TECHNIQUES

DEEP MUSCULAR MASSAGE 60 MIN • 90 MIN

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

IMPERIAL RELAXING MASSAGE 60 MIN • 90 MIN

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses, stimulating circulation, promoting oxygenation and encouraging irresistible relaxation.

BLISSFUL MUM 60 MIN • 90 MIN

Designed to improve the skin's elasticity and stimulate circulation, this blissful massage dedicated to mothers can be performed after the first trimester of pregnancy or once the baby is born.

UNIQUE
EXPERIENCES



BEAUTY STUDIO



BECOME THE BEST VERSION OF YOURSELF THANKS TO
EXTRAORDINARY METAMORPHOSIS EXPERIENCES

GLAMOUR EXPERIENCE* 90 MIN

Embrace a completely new look in record time, as up to three Beauty Experts work together to perform simultaneous treatments including manicure, pedicure, facial, body treatment, hairdressing and make-up. This fairytale pampering experience is perfect before milestone events, such as professional meetings, parties or weddings.

ROYAL RENEWAL* 90 MIN

Two Beauty Experts perform a complete transformation from head to toe, using the Abeille Royal collection. This holistic ritual combines a body scrub, scalp massage, facial, body massage, manicure and pedicure to create a soothing, repairing and sensorial experience that will leave you feeling completely renewed.

* Duration, number of experts and options can be adapted to your needs.

EXCEPTIONAL PAMPERING



AN EXPERIENCE OF ABSOLUTE RELAXATION, TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAM THAT PAMPERS YOUR BODY AND REPLENISHES YOUR ENERGY, RADIANCE AND YOUTH

SCULPT YOUR FACE & BODY 2 HRS 30 MIN

Imperial Face Sculpt (60 MIN)
 Imperial Body Sculpt (60 MIN)
 Focus Rituals (30 MIN)

BOOST YOUR ENERGY 3 HRS

Tailor-made Treatment (90 MIN)
 Legendary Strength (90 MIN)

MOTHER'S PAMPERING 3 HRS 30 MIN

Blissful Mum (60 MIN)
 Tailor-made Treatment (90 MIN)
 Complete Feet Treatment (60 MIN)

RESTORE YOUR NATURAL GLOW 3 HRS 30 MIN

Royal Repair & Renew (90 MIN)
 Imperial Relaxing Massage (60 MIN)
 Body Polish (60 MIN)

DUO TREATMENTS



GO FURTHER INTO ABSOLUTE RELAXATION AS YOU SHARE EXCEPTIONAL TREATMENTS WITH YOUR LOVED ONES OR BOOK THE PERFECT TAILOR-MADE RETREAT

FAMILY TIME 90 MIN

Embrace cherished time together as you share a tailored experience crafted especially for families to enjoy the finest of Guerlain treatments.

ROMANTIC GETAWAY 90 MIN

Reconnect with your loved one with a romantic treatment for two, inviting you to sink into a state of exceptional relaxation with an exquisite couple's retreat.

THE ART OF MAKE-UP



FROM A NATURAL GLOW TO A GLAMOROUS LOOK, LET
GUERLAIN'S BEAUTY EXPERTS PERSONALISE YOUR
MAKE-UP EXPERIENCE TO ENHANCE YOUR INNATE
BEAUTY

MAKE-UP APPLICATION 60 MIN

Guerlain is the master of make-up from every angle. Whether it's for a special occasion or just to look perfectly irresistible every day, treat yourself to a make-up session where expertise and enjoyment are the order of the day.

MAKE-UP LESSON 90 MIN

Who doesn't dream of mastering the art of make-up? During this private workshop, Guerlain lets you in on the most effective beauty secrets to enhance your face. Previously kept under wraps, they are now explained during an exclusive one-to-one workshop.

BRIDAL MAKE-UP 2 HRS 30 MIN (60 MIN + 90 MIN)

For the most important day of your life, opt for tailored make-up in two stages. The first step to flawless bridal make-up is a trial by the Guerlain Beauty Experts, who'll perform a pre-wedding consultation to ensure you have the perfect look for your big day. You'll be confident in the knowledge that you're in good hands.

TREATMENTS FOR MEN



LET GO OF STRESS AND STRAIN AND TAKE SOME TIME
OUT TO CARE FOR YOUR SKIN, BODY AND MIND

SKIN SAVER FACIAL 90 MIN

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment to restore radiance and comfort to the face.

ENERGISING FACIAL 60 MIN

The skin regains its freshness and purity thanks to a tailored scrub, massage, mask, and eye contour, expertly adapted to each skin type.

MUSCULAR ENERGY 60 MIN • 90 MIN

This aesthetic massage stretches the muscles, leaving them soothed and more supple while improving blood circulation and balancing the body and mind.

All of Guerlain Spa's treatments are available and customisable for men.

KIDS EXPERIENCES



GUERLAIN ENCHANTS CHILDREN BY CREATING
MAGICAL, FUN WORKSHOPS FOR TREASURED
WELLBEING RITUALS

SWEET SECRETS OF THE BEE 45 MIN

A symbol of Guerlain, the bee invites children to explore its kingdom with soothing massages for the scalp, hands and feet. A discovery of the benefits of honey and its role in nature, the Sweet Secrets of the Bee treatment promises gentle pampering and an indulgent, fun experience.

MADMOISELLE GUERLAIN 45 MIN

Be as beautiful as mum as you experiment with colours, apply pretty make-up, and learn about the Guerlain Art of Perfume. Designed specifically for little ones, this is the perfect opportunity to play princess in front of the mirror.

INITIATION TO RELAXATION 60 MIN

The ideal wellness workshop to gently introduce kids to the art of relaxation, this playful approach encourages children to explore breathing techniques, balance, and their emotions to become a real mini yogi.

BASTIEN

INTRODUCTION

Bastien Gonzalez is internationally renowned for his unique approach to foot treatments. Drawing on his professional expertise and experience as a French Chiropodist, he has designed exclusive treatments for the feet, nails, and hands, whose uniqueness lies in the fusion of health, wellbeing, and beauty. Bastien selects and trains every member of his team to his treatment protocols and standards, ensuring the excellence of his savoir faire all over the world.



EXPERT RITUALS



EMBRACE THE ART OF HAND AND FEET TREATMENT WITH BASTIEN GONZALEZ'S SIGNATURE MANICURES, PEDICURES, AND PAMPERING BEAUTY RITUALS

BASTIEN'S DUO 75 MIN

This synchronised four-hands treatment focuses on your feet, legs, hands, and arms for the ultimate in manicure and pedicure luxury with total relaxation.

BASTIEN'S PEDICURE 60 MIN

This pampering pedicure includes a nail treatment with gentle buffing to restore the beauty of the nails for a healthy natural shine, followed by a skin treatment to eliminate hard skin and dryness. It is completed with a genuine massage from the toes up to the knees, relieving any muscle tension and heaviness.

BASTIEN'S MANICURE 45 MIN

An exceptional manicure in three steps: a nail treatment, including a natural beauty finish to the nail; followed by a meticulous cuticle treatment to remove dryness; and a thorough massage of the forearms, wrists, hands, and fingers.

NAIL BRIGHTNESS 45 MIN

A foot treatment focusing on the beauty of nails, cuticles, and light smoothing of the skin dryness. Nails are reshaped and buffed with chamois leather and a pearly buffing cream resulting in healthy, shiny, and naturally beautiful nails. It ends with a relaxing foot massage.

SPECIAL TOUCH



ENHANCE YOUR BASTIEN GONZALEZ EXPERIENCE WITH
A RANGE OF EXCEPTIONAL RITUALS DEDICATED TO THE
HANDS AND FEET

FOOT 'REFOUNDATION' MASSAGE 35 MIN

This specialised foot massage treatment is designed for the total wellbeing of the feet and legs. Ideal for heavy and tired legs after flights, this truly relaxing massage is performed from the toes up to the knee, focusing on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet.

GLOBAL MASSAGE 'REFOUNDATION' 35 MIN

A foot treatment focusing on the beauty of nails, cuticles, this foot and hand massage completely soothes and calms from the toes up to the knee, and from the fingers up to the elbow. A synchronisation of four hands, this expert massage creates a light sensation throughout the whole body, relieving the legs and arms of any muscle tension and heaviness.

PARAFFIN TOUCH 20 MIN

Intensify any Bastien Gonzalez treatment by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers into the skin for deeper hydration. It will also enhance relaxation and ease tension in the joints and muscles.

BLACK DIAMOND SCRUB TOUCH 10 MIN

Elevate your Bastien Pedicure or Bastien Manicure by adding the Black Diamond Scrub Touch. This mineral foaming scrub encourages a vigorous natural exfoliation, aiding in the removal of dead skin cells and leaving it silky smooth.

LIGHT UP YOUR FACE

THE ART OF TAILOR-MADE

Tailor-made Treatment	60 min	240 €
	90 min	320 €
	120 min	420 €
Imperial Face Sculpt	60 min	280 €
Imperial Face Sculpt Program	4x 60 min	730 €
	8x 60 min	1460 €
Focus Rituals	30 min	100 €

EXCEPTIONAL COMPLETE ANTI-AGEING

Ultimate Black Orchid Age Reverse Treatment	90 min	520 €
Ultimate Black Orchid Age Reverse Program	4x 90 min	1550 €
	10x 90 min	3100 €
Imperial Age Reverse Treatment	90 min	340 €

YOUTH REPAIRING POWER

Royal Honey Repair & Renew Treatment	90 min	280 €
--------------------------------------	--------	-------

ENHANCE YOUR BODY

EXCLUSIVE TREATMENTS

Nymph of the Athenian Riviera	120 min	380 €
Legendary Strength	90 min	280 €

INTENSE BODY ENHANCEMENT

Imperial Body Sculpt	60 min	220 €
	90 min	320 €
Imperial Body Sculpt Program	4x 60 min	680 €
	8x 60 min	1360 €
Intensive Body Therapy	120 min	360 €
Body Polish	60 min	190 €

SONO-SENSORY MASSAGE

Energy of Tianzi	60 min	220 €
------------------	--------	-------

RELAXATION & ENERGY

Deep Muscular Massage	60 min	220 €
	90 min	320 €
Imperial Relaxing Massage	60 min	220 €
	90 min	320 €
Blissful Mum	60 min	220 €
	90 min	320 €

UNIQUE EXPERIENCES

TREATMENTS FOR MEN

Skin Saver Facial	90 min	300 €
Energising Facial	60 min	240 €
Muscular Energy	60 min	220 €
	90 min	320 €

EXCEPTIONAL PAMPERING

Sculpt Your Face & Body	2hrs 45 min	570 €
Mother's Pampering	3hrs 30 min	670 €
Restore Your Natural Glow	3hrs 30 min	600 €
Boost Your Energy	180 min	600 €

BEAUTY STUDIO

Glamour Experience	90 min	580 €
Royal Renewal	90 min	440 €

DUO TREATMENTS

Family Time	90 min	600 €
Romantic Getaway	90 min	600 €

THE ART OF MAKE-UP

Make-up Application	60 min	190 €
Make-up Lesson	90 min	255 €
Bridal Make-up	60 min + 90 min	440 €

KIDS EXPERIENCES

Sweets Secrets of the Bee	45 min	110 €
Mademoiselle Guerlain	45 min	110 €
Initiation of Relaxation	60 min	130 €

BASTIEN TREATMENTS

HANDS & FOOT TREATMENTS

Bastien's Duo	75 min	260 €
Bastien's Pedicure	60 min	170 €
Bastien's Manicure	45 min	130 €
Nail Brightness	45 min	110 €
Foot 'Refoundation' Massage	35 min	80 €
Global Massage 'Refoundation'	35 min	100 €

SPECIAL TOUCH

Paraffin Touch	20 min	40 €
Black Diamond Scrub Touch	10 min	30 €

BEAUTY

WAXING

Upper Lip / Under Arm / Eyebrows (maintenance)	15 min	50 €
Eyebrows (shaping) / Half-Leg / Half-Arm	30 min	75 €
Full Arm / Chest / Back	30 min	105 €
Full Leg	45 min	110 €
Bikini	15 min	55 €
Brazilian	30 min	85 €

* A customised quote will be created -made quotation according to chosen options (number of experts, duration...)

TERMS & CONDITIONS

YOUR CUSTOMISED SPA

Transform Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends or an indulgent event. To bring your pampering dreams to life, contact us for a customised program.

GUERLAIN BEAUTY BREAKS

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

PEACE OF MIND

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables.

A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you to turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

BOOKINGS, CANCELLATIONS AND LATENESS

In order for us to guarantee availability, we recommend you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the scheduled treatment. If we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we will compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

GUERLAIN SPA

One&Only Aesthesis Athens, Leoforos Poseidonos 110, Glyfada, 16674, Greece

Tel: (+30) 2166861700

spa.aesthesis@oneandonlyresorts.com

Opening Hours:

Fitness Centre open 24 hours

Personal Training from 7am - 8pm upon request

Spa from 9am to 7pm daily

Spa Treatments 10am to 7pm daily

GUERLAIN
PARIS