



# GUERLAIN

SPA

*One&Only*

LE SAINT GÉRAN

*Mauritius*



WELLNESS IS  
an art



# KNOW - HOW & daring

Since opening its Institute and aesthetic training school in 1939, Guerlain has trained its Beauty Experts to be ambassadors for excellence. Throughout the world, these experts carry out treatments requiring tremendous technical skills, such as the 19-minute facial, which is considered an industry benchmark. Driven by its pioneering and enterprising spirit, Guerlain has continued to develop massage techniques that combine tradition and innovation for more than 80 years.

With its unrivalled expertise, Guerlain ensures that every treatment is an exceptional and highly personalised experience. Following an in-depth diagnosis, Guerlain Beauty Experts create a bespoke treatment, artfully adapting their movements and pressure to meet your precise needs, while creating a unique and unforgettable experience.







# AWAKEN the senses

From rare orchids with remarkable longevity properties to healing bee products, Guerlain has been inspired by nature's sensoriality and effectiveness since the brand's inception. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to exacting standards, the result of extensive development and research, ensuring every Guerlain treatment throughout the world is an exceptional experience.



## EXCLUSIVE EXPERIENCES FOR ONE&ONLY LE SAINT GÉRAN

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### STONE PRELUDE 15 MINS

*Add-on only*

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Crafted exclusively for One&Only Le Saint Géran, Guerlain offers a deeply relaxing foot bath ritual. Inspired by the island's lush landscape, this smooth prelude combines volcanic stone with circular movements and expert techniques, enhanced by soothing pressure. This moment of relaxation provides your feet with an unparalleled sensation of lightness and flexibility.

### EAU BLEUE 2 HRS

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This multisensory face and body treatment fuses the energising spirit of the island's waterfalls with the refreshing notes of Guerlain's Eau de Cologne Impériale. Starting with a footbath, this invigorating experience uses cooling spheres to ease muscle tension, enhance blood flow, and deeply nourish the skin, paired with jade gua sha to drain, sculpt and illuminate the face. An immersive plunge into the waters of this captivating paradise.

### TROPICAL HEALING 2 HRS

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An homage to the tropical nature of Mauritius, this exclusive face and body treatment is a celebration of the senses. The zesty freshness of neroli blends with the healing power of herbal stamps and honey-based products to purify, soothe, and nourish the body. Through iconic Guerlain gestures, the face is deeply smoothed, brightened, and firmed, creating an enveloping and relaxing ritual that harnesses the sublime treasures of nature.







## THE ART OF TAILOR-MADE

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### TAILOR-MADE TREATMENT 1HR • 1HR 30 • 2 HRS

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Let us craft a tailor-made facial treatment specifically for you. Following a complete diagnosis, your Beauty Expert creates the perfect blend to meet your needs. From purifying to hydrating, re-densifying or regenerating, discover a treatment with infinite customisations.



## ORCHIDÉE IMPÉRIALE AGE REVERSE

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### **ULTIMATE BLACK ORCHID** 1 HR 30 • 2 HRS

PROGRAMME OF 4 OR 8 SESSIONS

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This masterful treatment is a rare luxury combining Guerlain's signature gestures with the power of the Black Orchid to support the skin's self-preservation mechanisms. It is the ultimate talisman for prolonging youth, resulting in skin that glows with health and flawlessness.

### **AURA NOBILE** 1 HR 30 • 2 HRS

PROGRAMME OF 4 OR 8 SESSIONS

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Harnessing the powers of the Gold Nobile Orchid from the Himalayas, this anti-aging facial treatment brings light and youth to the skin. It combines the art of digitopressure with the ancestral power of gua sha to sculpt the face, oxygenate the skin, and revitalise cells. The draining and detoxifying techniques deliver immediately visible results: lifted features, a radiant and flawless glow, and a youthful aura that shines brightly.

### **IMPERIAL LONGEVITY** 1 HR 30 • 2 HRS

PROGRAMME OF 4 OR 8 SESSIONS

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Guerlain is inspired by the infinite longevity of the orchid to create its most complete anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its youthful qualities to the eye and to the touch, it is soft, velvety, and sublime.





## INTENSE BODY ENHANCEMENT

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### **IMPERIAL BODY SCULPT 1HR • 1HR30**

PROGRAMME OF 4 OR 8 SESSIONS

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Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and drains toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results. The body is naturally reshaped with more harmonious curves.

### **INTENSIVE BODY THERAPY 2HRS**

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Combining a scrub, wrap and personalised massage, this intensive treatment is a sensorial experience that enhances the body.

### **BODY POLISH 1HR**

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Leaving the skin clear, refined, and as soft as silk, this body polish is an invitation to wellbeing.



## RELAXATION & ENERGY

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### DEEP MUSCULAR MASSAGE 1HR • 1HR30

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This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

### IMPERIAL RELAXING MASSAGE 1HR • 1HR30

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Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage ignites all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

### 4-HAND IMPERIAL MASSAGE 1HR • 1HR30

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A true choreography of four hands, this massage with expert gestures promises an incredible feeling of wellbeing and lightness.

### BLISSFUL MUM 1HR • 1HR30

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Designed to improve the skin's elasticity and stimulate circulation, this massage can be performed after the first trimester of pregnancy or at the beginning of motherhood.







## TREATMENTS FOR MEN

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### SKIN SAVER FACIAL 1 HR 30

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This treatment includes a scrub, exclusive face massage, mask, and eye contour treatment to restore radiance and comfort to the face.

### ENERGISING FACIAL 1 HR

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The skin regains freshness and purity thanks to this energising scrub, massage, mask, and eye contour, adapted to each skin type.

### MUSCULAR ENERGY 1 HR • 1 HR 30

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This aesthetic massage stretches the muscles, leaving them more supple, while also boosting blood circulation to balance the body and mind.



## BEAUTY STUDIO

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### ROYAL HAIR RITUAL 1HR30

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A sublime youth repair ritual for your scalp and hair, this treatment harnesses the revitalising powers of honey. Combining a scalp massage, steam scrub, hot pouches, shampoo, conditioner, a mask, and a serum, it results in deeply repaired hair fibres and visibly transformed hair that is stronger and shinier.







## DUO TREATMENTS

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### **FAMILY TIME** 1HR • 1HR30

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Share quality time with your family as you enjoy a selection of the best of Guerlain treatments.

### **AMONG FRIENDS** 1HR • 1HR30

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To celebrate friendship, Guerlain creates a shared experience for friends, creating unforgettable moments.

### **ROMANTIC GETAWAY** 1HR • 1HR30

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Embrace togetherness with a romantic couple's experience, promising an indulgent and relaxing escape for two.



## EXCEPTIONAL PAMPERING

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### SCULPT YOUR FACE & BODY 2 HRS 30

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Imperial Face Sculpt (1 hr)

Imperial Body Sculpt (1 hr)

Focus Rituals (30 mins)

### BOOST YOUR ENERGY 3 HRS 30

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Aura Nobile (1 hr 30)

Eau Bleue (2 hrs)

### MOTHER'S PAMPERING 3 HRS

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Tailor-made Treatment (1 hr 30)

Blissful Mum (1 hr)

Foot Refoundation Massage (30mins)

### SHINE WITH BEAUTY 4 HRS 30

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Aura Nobile (1 hr 30)

Body Polish (1 hr)

Imperial Relaxing Massage (1 hr)

Make-Up (1 hr)







## KIDS TREATMENTS

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### SWEET SECRETS OF THE BEE 30 MINS

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A symbol of Guerlain, the bee invites children to explore its kingdom. Pleasant massages for the scalp, hands and feet. A discovery of the benefits of honey and its role in nature, the Sweet Secrets of the Bee treatment promises gentle pampering and an indulgent, fun experience.

### MADEMOISELLE GUERLAIN 30 MINS

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To celebrate friendship, Guerlain creates a shared experience for friends, creating unforgettable moments.

### FAMILY TOGETHERNESS 30 MINS

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Share a special experience with mum or dad, or between brothers and sisters. Choose your massage like a grown-up and enjoy it as a family. Moments and memories to treasure.



## THE ART OF MAKE-UP

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### MAKE-UP APPLICATION 1 HR

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For a special occasion or simply to be beautifully presented each day, Guerlain offers a personalised make-up session that combines expertise and indulgence.

### MAKE-UP LESSON 1 HR

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Master the art of make-up with a one-on-one lesson, as Guerlain reveals the most effective beauty secrets to enhance your face.

### BRIDAL MAKE-UP 2 HRS 30 (1 HR + 1 HR 30)

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For the most wonderful day of your life, Guerlain offers a tailored two-stage make-up application for the perfect bridal look.



# BASTIEN

## INTRODUCTION

Bastien Gonzalez is internationally renowned for his unique approach to foot treatments. Drawing on his professional expertise and experience as a French Chiropodist, he has designed exclusive treatments for the feet, nails, and hands that fuse health, wellbeing, and beauty. Bastien personally selects and trains every member of his team, ensuring the excellence of his savoir-faire all over the world.







## TREATMENTS MENU

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### **BASTIEN'S DUO** 75 MINS

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This synchronised four-hands treatment focuses on your feet, legs, hands, and arms, promising the ultimate in manicure and pedicure luxury with total relaxation.

### **NAIL BRIGHTNESS** 45 MINS

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This foot treatment focuses on the beauty of nails, cuticles, and a light smoothing of the skin. Nails are reshaped and buffed with chamois leather and a pearly buffing cream resulting in healthy, shiny, and naturally beautiful nails. It ends with a relaxing foot massage.

### **BASTIEN'S PEDICURE** 60 MINS

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An overall pedicure including a nail treatment with a gentle buffing to restore the beauty of the nails, resulting in a healthy natural shine. It is followed with a skin treatment to eliminate hard skin and dryness, and completed with a massage from the toes up to the knees to relieve any muscle tension and heaviness.

### **BASTIEN'S MANICURE** 45 MINS

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An exceptional manicure in 3 steps: a nail treatment, including a natural beauty finish to the nail, followed by a meticulous cuticle treatment to remove dryness, and a thorough massage of the forearms, wrists, hands, and fingers.

### FOOT «REFOUNDATION» MASSAGE 30MINS

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This treatment is designed for the total wellbeing of your feet and legs. Ideal for heavy and tired legs after a flight, this relaxing massage from the toes to the knees focuses on muscle tension, joint mobility, blood circulation, skin elasticity and relieving swelling. A preliminary exfoliation with the Black Diamond Scrub will increase the penetration of the cream used during the massage.

### GLOBAL MASSAGE «REFOUNDATION» 30MINS

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A soothing and calming massage, from the toes up to the knee, and from the fingers up to the elbow, this four-hands synchronised massage creates a light sensation in the whole body, relieving muscle tension and heaviness from the legs and arms.







## SPECIAL TOUCH

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### PARAFFIN TOUCH 20 MINS

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Intensify any Bastien Gonzalez treatment by adding the Paraffin Touch. The warmth of this silky wax will aid the penetration of moisturisers for deep hydration, while enhancing relaxation and easing tension in the joints and muscles.

### BLACK DIAMOND SCRUB TOUCH 10 MINS

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Elevate your Bastien Pedicure or Manicure by adding the Black Diamond Scrub Touch. This mineral foaming scrub offers a vigorous natural exfoliation, helping to remove dead skin cells and create a smooth and silky sensation. Essential oils of thyme and sage contribute to healthy and elegant feet and hands.

### COLOUR TOUCH 30 MINS

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Nail polish application is not included in our Bastien Pedicure or Manicure treatments. Choose your preferred shade from our range of lacquers to infuse your nails with captivating colour, perfect for a special event. Includes nail reshaping.

### GEL COLOUR TOUCH 30 MINS

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Gel nail polish application is not included in our Bastien Pedicure or Manicure treatments. Choose your desired gel nail colour to add vibrant, long-lasting polish that resists chipping and fading, ensuring your nails stay colourful and flawless. Includes nail reshaping.



**GUERLAIN SPA**

One&Only Le Saint G eran, Pointe de Flacq, Mauritius

Opening Hours:

Spa Pool from 8.00am to 6.00pm daily

Sauna & Steam Room from 8.30am to 8.00pm daily

Spa Treatments from 10.00am to 8.00pm

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**GUERLAIN**  
PARIS