

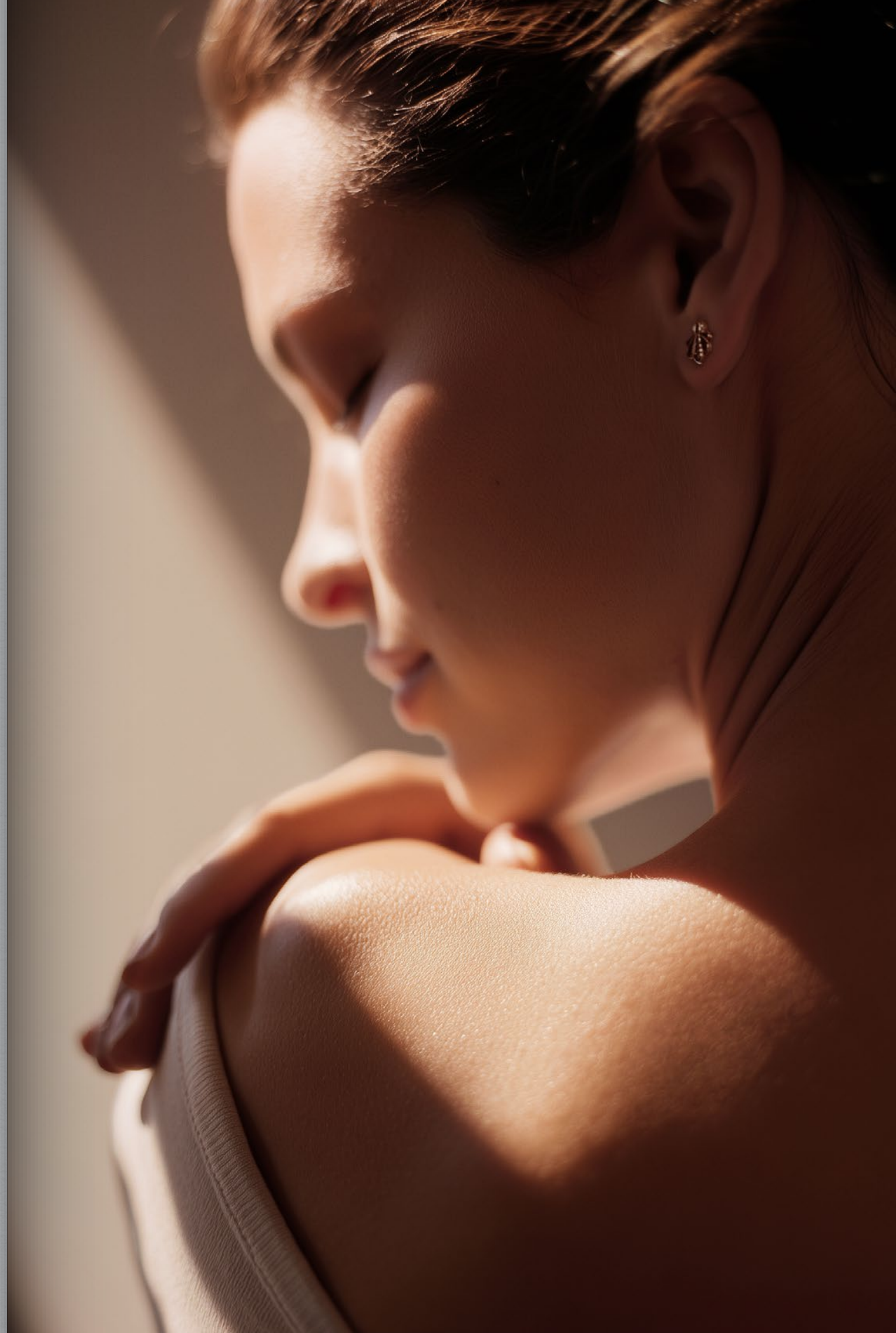


GUERLAIN
SPA

One&Only
LE SAINT GÉRAN
Mauritius

GUERLAIN
PARIS

AT GUERLAIN,
WELLNESS IS AN ART





THE ART OF WELLNESS AND LONGEVITY

Guerlain redefines the boundaries of well-being through a holistic philosophy that intimately intertwines beauty, preventive health, and longevity. Each treatment becomes a step in a personalized journey that nurtures the body, restores emotional balance, and supports long-term vitality. Our thoughtfully curated retreats and programs are built around the four foundational pillars of Guerlain wellness: Nutrition, Movement, Sleep, Mindfulness. Seamlessly integrated with Guerlain's expert techniques and personalized diagnostics, these innovations deliver visible, lasting results tailored to each guest's unique needs and aspirations.

KNOW-HOW & DARING

Since opening its Institute and aesthetic training school in 1939, Guerlain has trained its Beauty Experts to be ambassadors for excellence. Throughout the world, these experts carry out treatments requiring tremendous technical skills, such as the 19-minute facial, which is considered an industry benchmark. Driven by its pioneering and enterprising spirit, Guerlain has continued to develop massage techniques that combine tradition and innovation for more than 80 years.

With its unrivalled expertise, Guerlain ensures that every treatment is an exceptional and highly personalised experience. Following an in-depth diagnosis, Guerlain Beauty Experts create a bespoke treatment, artfully adapting their movements and pressure to meet your precise needs, while creating a unique and unforgettable experience.

AWAKEN THE SENSES

From rare orchids with remarkable longevity properties to healing bee products, Guerlain has been inspired by nature's sensoriality and effectiveness since the brand's inception. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to exacting standards, the result of extensive development and research, ensuring every Guerlain treatment throughout the world is an exceptional experience.

ONE&ONLY LE SAINT GÉRAN
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ONE&ONLY
LE SAINT GÉRAN
EXCLUSIVES

ONE&ONLY LE SAINT GÉRAN EXCLUSIVES

STONE PRELUDE

15MINS

Crafted exclusively for One&Only Le Saint Géran, Guerlain offers a deeply relaxing foot bath ritual. Inspired by the island's lush landscape, this smooth prelude combines volcanic stone with circular movements and expert techniques, enhanced by soothing pressure. This moment of relaxation provides your feet with an unparalleled sensation of lightness and flexibility.

EAU BLEUE

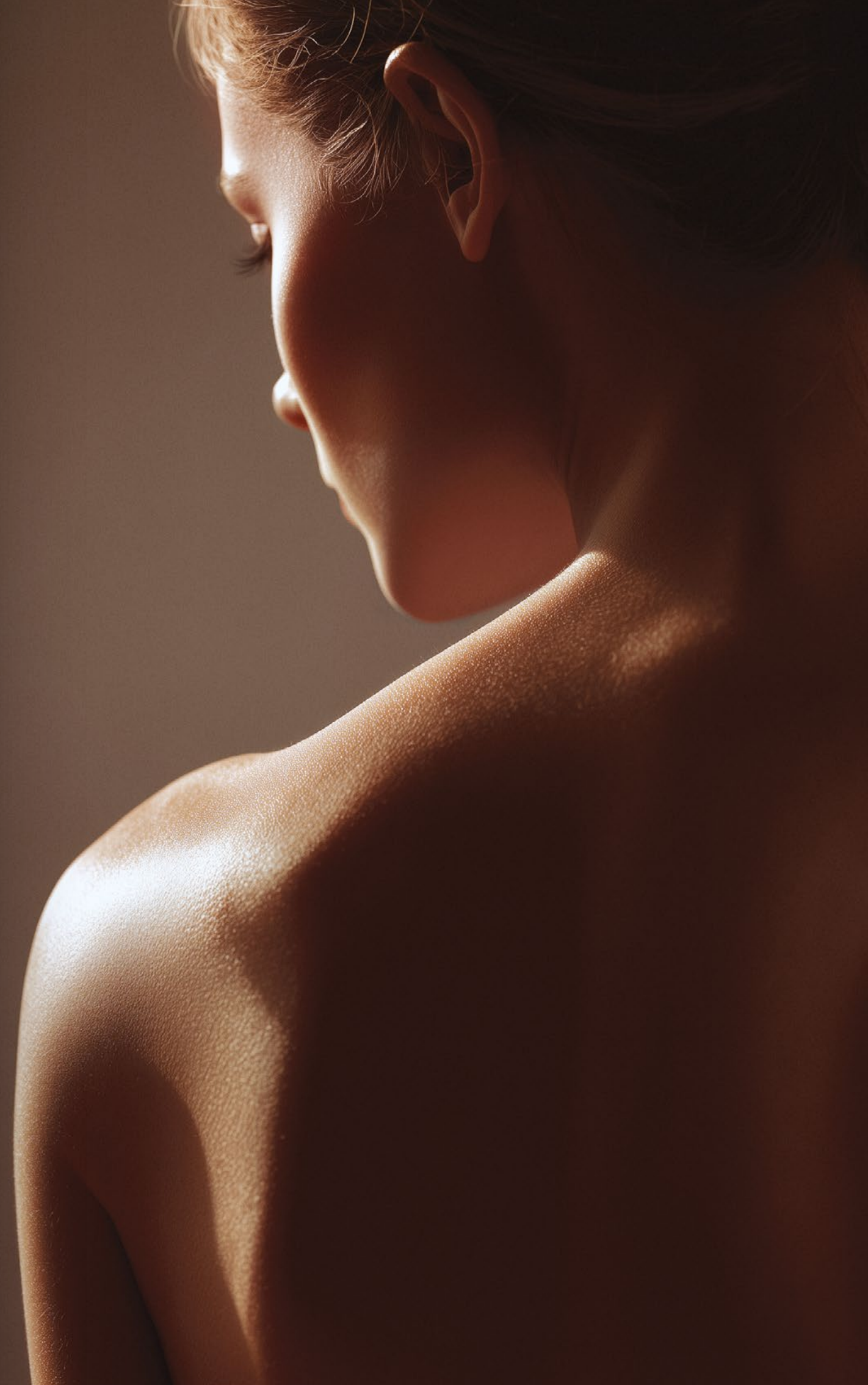
2HRS

This multisensory face and body treatment fuses the energising spirit of the island's waterfalls with the refreshing notes of Guerlain's Eau de Cologne Impériale. Starting with a footbath, this invigorating experience uses cooling spheres to ease muscle tension, enhance blood flow, and deeply nourish the skin, paired with jade gua sha to drain, sculpt and illuminate the face. An immersive plunge into the waters of this captivating paradise.

TROPICAL HEALING

2HRS

An homage to the tropical nature of Mauritius, this exclusive face and body treatment is a celebration of the senses. The zesty freshness of neroli blends with the healing power of herbal stamps and honey-based products to purify, soothe, and nourish the body. Through iconic Guerlain gestures, the face is deeply smoothed, brightened, and firmed, creating an enveloping and relaxing ritual that harnesses the sublime treasures of nature.





TAILOR-MADE
FACIALS



TAILOR-MADE FACIALS

TAILOR-MADE FACIALS

THE TAILOR-MADE TREATMENT

1H • 1HR30 • 2HRS

Let us craft a tailor-made facial treatment specifically for you. Following a complete diagnosis, your Beauty Expert creates the perfect blend to meet your needs. From purifying to hydrating, re-densifying or regenerating, discover a treatment with infinite customisations.

ORCHIDÉE IMPÉRIALE AGE REVERSE

ULTIMATE BLACK ORCHID

1HR30 • 2HRS • PROGRAM OF 4 OR 8 SESSIONS

This masterful treatment is a rare luxury combining Guerlain's signature gestures with the power of the Black Orchid to support the skin's self-preservation mechanisms. It is the ultimate talisman for prolonging youth, resulting in skin that glows with health and flawlessness.

AURA NOBILE

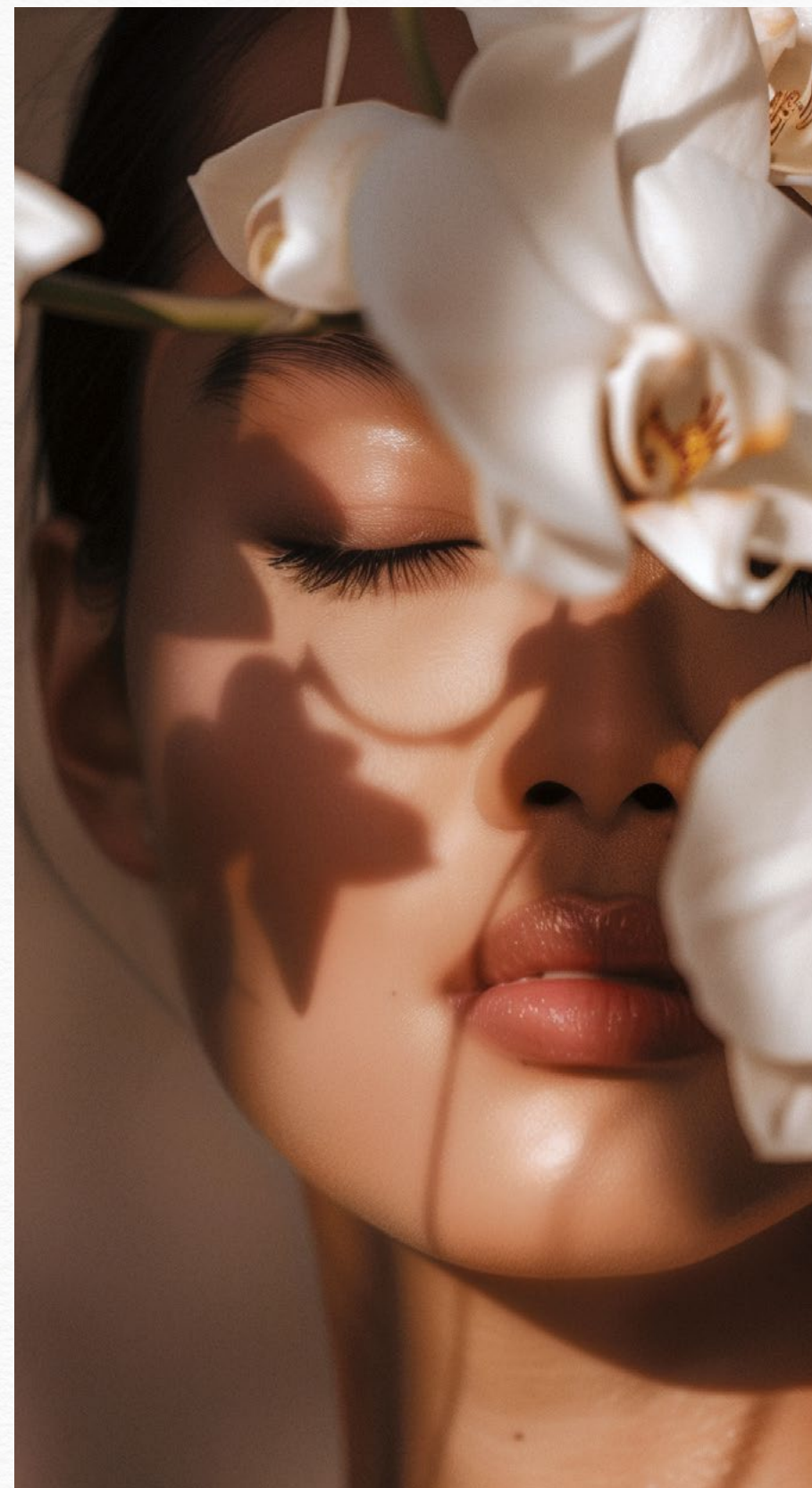
1HR30 • 2HRS • PROGRAM OF 4 OR 8 SESSIONS

Harnessing the powers of the Gold Nobile Orchid from the Himalayas, this anti-aging facial treatment brings light and youth to the skin. It combines the art of digitopressure with the ancestral power of gua sha to sculpt the face, oxygenate the skin, and revitalise cells. The draining and detoxifying techniques deliver immediately visible results: lifted features, a radiant and flawless glow, and a youthful aura that shines brightly.

IMPERIAL LONGEVITY

1HR30 • 2HRS • PROGRAM OF 4 OR 8 SESSIONS

Guerlain is inspired by the infinite longevity of the orchid to create its most complete anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its youthful qualities to the eye and to the touch, it is soft, velvety, and sublime.





MASSAGE &
BODY THERAPY

INTENSE BODY ENHANCEMENT

IMPERIAL BODY SCULPT

1HR • 1HR30 • PROGRAM OF 4 OR 8 SESSIONS

Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and drains toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results. The body is naturally reshaped with more harmonious curves.

INTENSIVE BODY THERAPY

2HRS

Combining a scrub, wrap and personalised massage, this intensive treatment is a sensorial experience that enhances the body.

BODY POLISH

1HR

Leaving the skin clear, refined, and as soft as silk, this body polish is an invitation to wellbeing.





RELAXATION & ENERGY MESSAGES

DEEP MUSCULAR MASSAGE

1HR • 1HR30

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

IMPERIAL RELAXING MASSAGE

1HR • 1HR30

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage ignites all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

4-HAND IMPERIAL MASSAGE

1HR • 1HR30

A true choreography of four hands, this massage with expert gestures promises an incredible feeling of wellbeing and lightness.

BLISSFUL MUM

1HR • 1HR30

Designed to improve the skin's elasticity and stimulate circulation, this massage can be performed after the first trimester of pregnancy or at the beginning of motherhood.

TREATMENTS FOR MEN

SKIN SAVER FACIAL

1HR30

This treatment includes a scrub, exclusive face massage, mask, and eye contour treatment to restore radiance and comfort to the face.

ENERGIZING FACIAL

1HR

The skin regains freshness and purity thanks to this energising scrub, massage, mask, and eye contour, adapted to each skin type.

MUSCULAR ENERGY

1HR • 1HR30

This aesthetic massage stretches the muscles, leaving them more supple, while also boosting blood circulation to balance the body and mind.





EXCEPTIONAL
MOMENTS





EXCEPTIONAL MOMENTS

DUO TREATMENTS

FAMILY TIME

1HR • 1HR30

Share quality time with your family as you enjoy a selection of the best of Guerlain treatments.

AMONG FRIENDS

1HR • 1HR30

To celebrate friendship, Guerlain creates a shared experience for friends, creating unforgettable moments.

ROMANTIC GETAWAY

1HR • 1HR30

Embrace togetherness with a romantic couple's experience, promising an indulgent and relaxing escape for two.

BEAUTY STUDIO

ROYAL HAIR RITUAL

1HR30

A sublime youth repair ritual for your scalp and hair, this treatment harnesses the revitalising powers of honey. Combining a scalp massage, steam scrub, hot pouches, shampoo, conditioner, a mask, and a serum, it results in deeply repaired hair fibres and visibly transformed hair that is stronger and shinier.





EXCEPTIONAL PAMPERING

SCULPT YOUR FACE & BODY

2HRS30

Imperial Face Sculpt 1HR
Imperial Body Sculpt 1HR
Focus Rituals 30MIN

BOOST YOUR ENERGY

3HRS30

Aura Nobile 1HR30
Eau Bleue 2HRS

MOTHER'S PAMPERING

3HRS

Tailor Made Treatment 1HR30
Blissful Mum 1HR
Foot Refoundation Massage 30MIN

SHINE WITH BEAUTY

4HRS30

Aura Nobile 1HR30
Body Polish 1HR
Imperial Relaxing Massage 1HR
Make-Up 1HR

KIDS TREATMENTS

SWEET SECRETS OF THE BEE

30MINS

A symbol of Guerlain, the bee invites children to explore its kingdom. Pleasant massages for the scalp, hands and feet. A discovery of the benefits of honey and its role in nature, the Sweet Secrets of the Bee treatment promises gentle pampering and an indulgent, fun experience.

MADEMOISELLE GUERLAIN

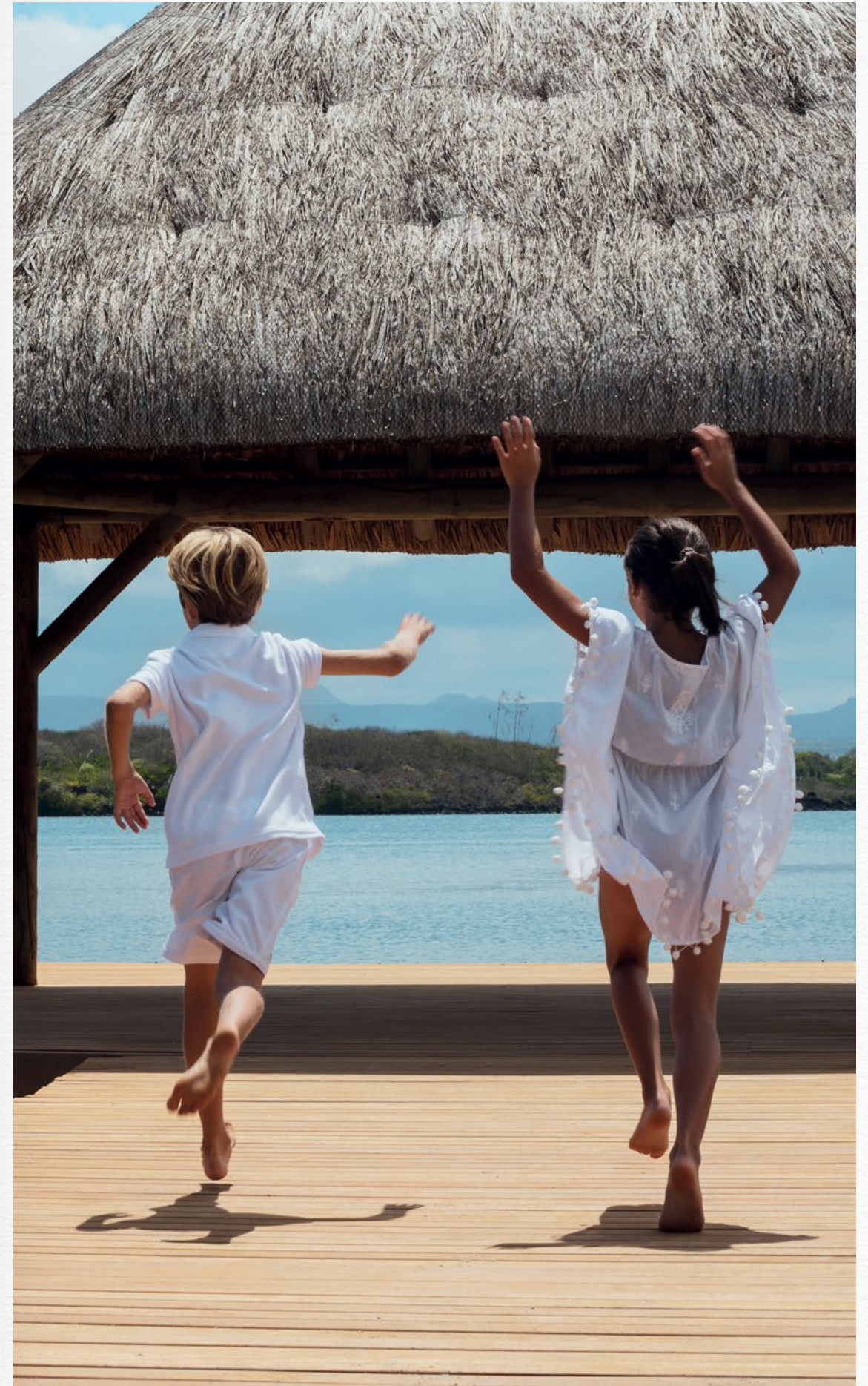
30MINS

To celebrate friendship, Guerlain creates a shared experience for friends, creating unforgettable moments.

FAMILY TOGETHERNESS

30MINS

Share a special experience with mum or dad, or between brothers and sisters. Choose your massage like a grown-up and enjoy it as a family. Moments and memories to treasure.





THE ART OF MAKE-UP

MAKE-UP APPLICATION

1HR

For a special occasion or simply to be beautifully presented each day, Guerlain offers a personalised make-up session that combines expertise and indulgence.

MAKE-UP LESSON

1HR

Master the art of make-up with a one-on-one lesson, as Guerlain reveals the most effective beauty secrets to enhance your face.

EXCEPTIONAL MAKE-UP

2HRS (1HR + 1HR30)

For the most wonderful day of your life, Guerlain offers a tailored two-stage make-up application for the perfect bridal look.

A photograph of a snail shell and a spoon resting on a white tray, with a white text box overlaid on the right side. The background is a blurred window with vertical bars. The snail shell is on the left, and the spoon is on the right. The text box is on the right side of the image.

BASTIEN
GONZALEZ



TREATMENTS MENU

BASTIEN'S DUO

75 MINS

This synchronised four-hands treatment focuses on your feet, legs, hands, and arms, promising the ultimate in manicure and pedicure luxury with total relaxation.

NAIL BRIGHTNESS

45 MINS

This foot treatment focuses on the beauty of nails, cuticles, and a light smoothing of the skin. Nails are reshaped and buffed with chamois leather and a pearly buffing cream resulting in healthy, shiny, and naturally beautiful nails. It ends with a relaxing foot massage.

BASTIEN'S PEDICURE

60 MINS

An overall pedicure including a nail treatment with a gentle buffing to restore the beauty of the nails, resulting in a healthy natural shine. It is followed with a skin treatment to eliminate hard skin and dryness, and completed with a massage from the toes up to the knees to relieve any muscle tension and heaviness.

BASTIEN'S MANICURE

45 MINS

An exceptional manicure in 3 steps: a nail treatment, including a natural beauty finish to the nail, followed by a meticulous cuticle treatment to remove dryness, and a thorough massage of the forearms, wrists, hands, and fingers.

FOOT «REFOUNDATION» MASSAGE

30MINS

This treatment is designed for the total wellbeing of your feet and legs. Ideal for heavy and tired legs after a flight, this relaxing massage from the toes to the knees focuses on muscle tension, joint mobility, blood circulation, skin elasticity and relieving swelling. A preliminary exfoliation with the Black Diamond Scrub will increase the penetration of the cream used during the massage.

GLOBAL MASSAGE «REFOUNDATION»

30MINS

A soothing and calming massage, from the toes up to the knee, and from the fingers up to the elbow, this four-hands synchronised massage creates a light sensation in the whole body, relieving muscle tension and heaviness from the legs and arms.





SPECIAL TOUCH

PARAFFIN TOUCH

20 MINS

Intensify any Bastien Gonzalez treatment by adding the Paraffin Touch. The warmth of this silky wax will aid the penetration of moisturisers for deep hydration, while enhancing relaxation and easing tension in the joints and muscles.

BLACK DIAMOND SCRUB TOUCH

10 MINS

Elevate your Bastien Pedicure or Manicure by adding the Black Diamond Scrub Touch. This mineral foaming scrub offers a vigorous natural exfoliation, helping to remove dead skin cells and create a smooth and silky sensation. Essential oils of thyme and sage contribute to healthy and elegant feet and hands.

COLOUR TOUCH

30 MINS

Nail polish application is not included in our Bastien Pedicure or Manicure treatments. Choose your preferred shade from our range of lacquers to infuse your nails with captivating colour, perfect for a special event. Includes nail reshaping.

GEL COLOUR TOUCH

30 MINS

Gel nail polish application is not included in our Bastien Pedicure or Manicure treatments. Choose your desired gel nail colour to add vibrant, long-lasting polish that resists chipping and fading, ensuring your nails stay colourful and flawless. Includes nail reshaping.

GUEST INFORMATION

YOUR TAILOR-MADE SPA

Transform Guerlain Spa into your own exclusive sanctuary for an afternoon of treatments with friends or family. Let our dedicated team create an unrivalled atmosphere within our exceptional spa, customised to your liking.

TREATMENT DURATION

To make the most of your experience, we suggest you arrive 15 minutes before your scheduled appointment time.

PEACE OF MIND

For your peace of mind, safes are available in each treatment room for you to store your personal belongings.

A TRANQUIL SETTING

Guerlain Spa is a place to relax and unwind. We kindly request you to turn off your mobile phones to preserve the peaceful atmosphere.

GUERLAIN BEAUTY BREAKS

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of Guerlain treatments and products.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are for beauty and relaxation purposes. For therapeutic treatments, we recommend consulting a physician.

BOOKINGS, CANCELLATIONS AND LATENESS

To ensure your preferred time, we kindly recommend booking your appointment in advance. Should you need to cancel or reschedule, please let us know at least 12 hours prior to your treatment. Cancellations made with less notice may be charged in full.

If you arrive late, we will do our best to provide the full experience, subject to availability. However, to respect other guests, your treatment may need to be shortened and will finish at the scheduled time.

In the rare event that we need to cancel your appointment within 12 hours, we will be pleased to offer you compensation equal to the value of your treatment.

GUERLAIN
PARIS



GUERLAIN

SPA

One&Only Le Saint G eran, Pointe de Flacq, Mauritius

Opening Hours:

Spa Pool from 8.00am to 6.00pm daily

Sauna & Steam Room from 8.30am to 8.00pm daily

Spa Treatments from 10.00am to 8.00pm

Tel: (+230) 4011 688 - spa@oneandonlylesaintgeran.com

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