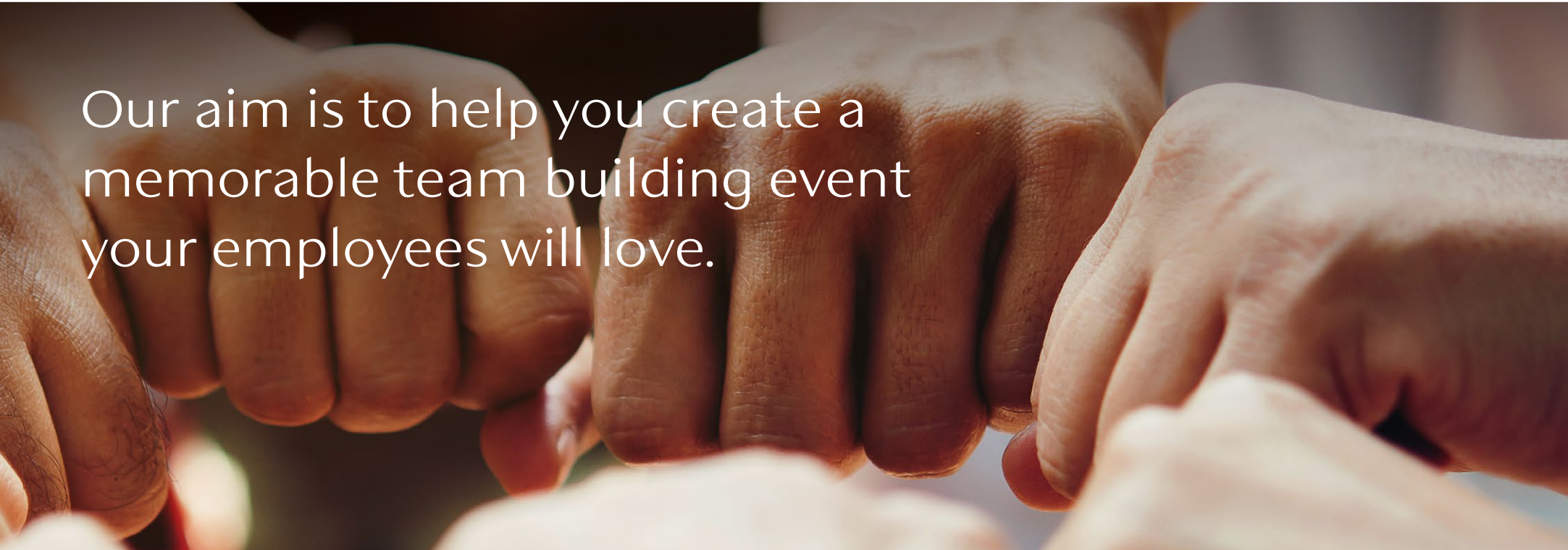


ATLANTIS
DUBAI

Team Building

At Atlantis Dubai





Our aim is to help you create a memorable team building event your employees will love.

With the world's most iconic entertainment destination as your stage, your event will be elevated to a whole new level of extraordinary.

We organise fun and enjoyable team building events comprising of indoor and outdoor activities. If you are looking for something extra special, our custom-made packages are for you, with activities tailored to your needs. Combined with the creative ability of our dedicated team, you will enjoy an event that will be the talk of your company for years to come.





Indoor Team Building

We offer a wide range of indoor activities which are perfect for conference events or if you don't require a lot of space. Choose from high to low energy activities to foster team spirit and motivate your staff. You can select up to 3 activities per hour.



Outdoor Team Building

Promote trust and bonding outside where fresh air and some sunshine will do wonders in improving everyone's mood. Like indoor activities, you can choose from high to low energy activities.

Personalised Team Building

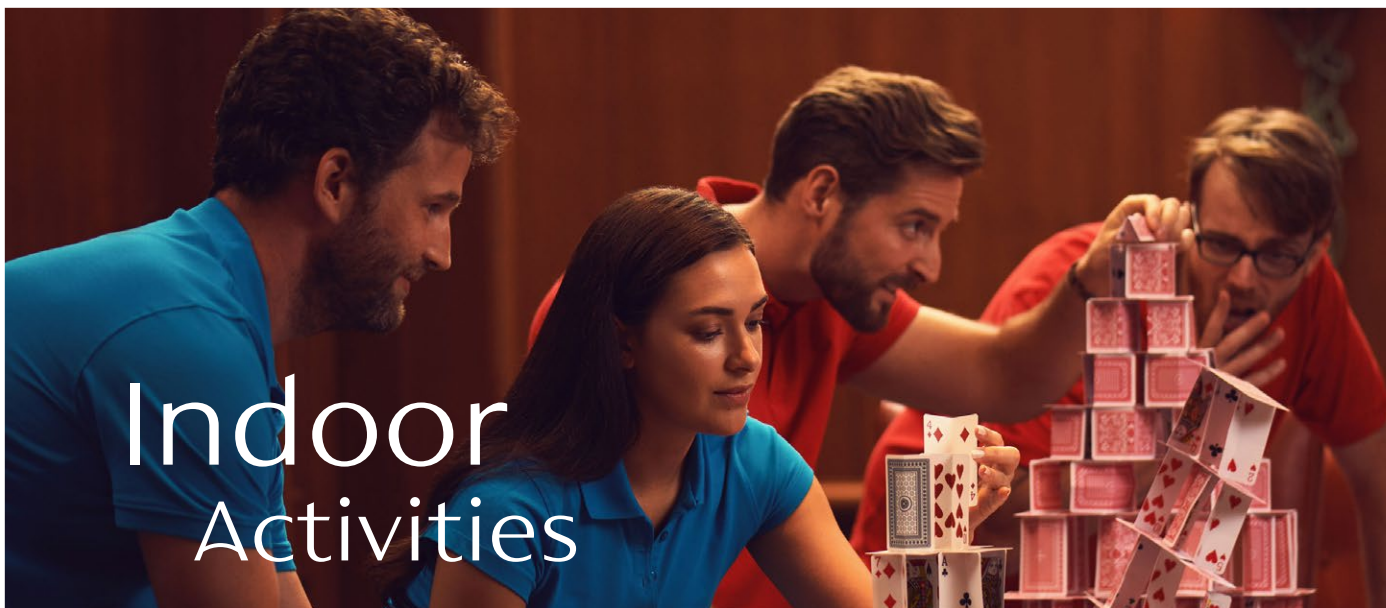
You know your team best. Build a custom package for your group with the help of our team that will keep everybody engaged and entertained. Choose up to 5 activities ranging from high to low energy levels.



Effort Levels

1. **Low energy** activities are fun, easy and will be enjoyed by everyone. They require low levels of strength.
2. **Medium energy** activities begin to get more competitive and require slightly more energy. They are more active and require some physical strength.
3. **High energy** activities are challenging, very competitive and require high levels of activity and physical strength.





Indoor Activities



LOW ENERGY

AED 150 per person | 20 people | 1 hour

1. **BOLT TOWER:** Blindfolded team members will lift and hold a table to assist the non-blindfolded team member to build a tower using a stick and bolts.
2. **TOWER OF POWER:** Team members need to create the tallest tower by using marshmallow and spaghetti sticks. The tallest tower wins.
3. **PUZZLE JUMBLE:** Team members must work together to complete a puzzle.
4. **CONNECT FOUR:** Teams must complete a mission by navigating through an obstacle course and place a flag at the end. The first team to get four flags to the end wins.
5. **ALL FOR ONE, ONE FOR ALL:** Teams must work together to make one giant art piece. The art piece that the judges like the most wins.



MEDIUM ENERGY

AED 150 per person | 20 people | 1 hour

1. **BLIND DRAWING:** One blindfolded team member will be verbally guided on a picture to draw. The team with the most accurate drawing wins.
2. **GUIDE THE BLIND LEADER:** One team member will guide their blindfolded team through an obstacle course. The team to get all their members to the finish first wins.
3. **GRAVITY:** Teams need to stand in a circle and pass a tennis ball around without dropping it. The first team to drop their tennis ball loses.
4. **MIKADO PICK UP:** Teams need to pick up one stick at a time from a stick pile without moving any of the other sticks. If you move any sticks on your turn, then the other team gets to go. The team with the most sticks at the end wins.
5. **BROKEN TELEPHONE:** Teams must form a line and have a message prepared. The message must be passed-on by whispering to the next person in the line. The team to have the most accurate message at the end of the line wins.



HIGH ENERGY

AED 150 per person | 20 people | 1 hour

1. **CATERPILLAR WALK:** Team members need to sit facing the same direction. They need to hold each other's ankles and try to walk forward while in this position.
2. **THE BRIDGE:** Using two ropes teams will need to deliver as many tennis balls as possible from one point to the other. The team to deliver the most tennis balls wins.
3. **CARDBOARD WALK:** Teams will need to create a path to walk on using cardboard pieces in a race. The first team to reach the finish wins.
4. **SKIN THE SNAKE:** Team members should hold hands with each other, forming a chain, and then move inside the hula hoop until the entire chain reaches the end of the line.
5. **SPIDER WEB:** Blindfolded team members will be led by a leader to go through a spiderweb-designed obstacle course, for each member to complete this course a point will be awarded.



Outdoor Activities

AED 350 per person | 20 people | 2 hours

1. **VOLLEYBALL:** A classic volleyball tournament where players get divided into two or more teams depending on the number of participants.
2. **FOOTBALL:** A classic football tournament where players get divided into two or more teams depending on the number of participants.
3. **MAT RELAY RACE:** Each team member will be inside a giant rolling mat. They will need to work together to roll the mat like a wheel to the finish. The first team to finish wins.
4. **ULTIMATE FRISBEE:** A non-contact, self-refereed team sport played with a flying disc frisbee. The aim of the game is for teams to try to score by throwing the frisbee through the goal posts.
5. **CATAPULT VOLLEYBALL:** An exciting variation to traditional volleyball, the challenge lies in using towels instead of hands to rally the ball. Two members of each team pair up, gripping the towel at both ends, and the first team to reach the assigned score wins.

6. **CAPTURE THE FLAG:** Each team member will have a number assigned to them. If their number is called out, they need to capture the flag first to win.
7. **TUG OF WAR:** A classic game of pulling a rope which is being held by another team on the other side of a line. The team that pulls the other team over the line in the middle wins.
8. **TURN AROUND THE CLOCK:** Teams need to spin around a cone and reach their partner on the other side, the first team to finish wins.
9. **SACK RACE:** Teams will do a relay race in a potato sack. The first team to finish wins.
10. **SCOTTY THE PIRATE:** Stuck in the mud but with a twist where each team has a safe zone. Go into the other team's safe zone to steal their treasure, get caught and you are stuck in the mud, one of your teammates will need to crawl through your legs to free you. The first team to steal all the treasure from the opposite team wins.



The Atlantean Exploration



The Atlantean Race

Adventure Team Building

⚡⚡⚡ HIGH ENERGY

AED 400 per person 2 hours per activity

Skill Development: Competitiveness, Creativity & Communication

Are you ready to go exploring? Each team will have to work together to decode secret messages hidden around the resort and go through a series of physical activities, where they will be challenged on their communication and teamwork skills. The team that completes the challenge with the fastest average time wins!

It's fast, It's furious, it's fun! In this race against the clock, teams will need to use their thinking skills to set the strategy, solve the clues and answer as many questions as possible. Be ready to take some creative and beautiful pictures. The more clues you can solve, the more chance you have of winning!



Personalised Activities



LOW ENERGY

AED 400 per person | Minimum 20 people | 2 hours

1. **MINEFIELD:** Each blindfolded person must walk through the minefield being guided by their teammates. They cannot step on the mine.
2. **SPONGE RELAY RACE:** Each team has a bucket that they need to fill up with water using only one sponge. The first team to fill up their bucket wins.
3. **CATERPILLAR WALK:** Team members need to sit facing the same direction. They need to hold each other's ankles and try to walk forward while in this position.
4. **GUIDE THE BLIND LEADER:** One member of the team won't be blindfolded but the rest will be. The leader will guide them through obstacles to the target.
5. **PIPELINE CHALLENGE:** Teams need to use pieces of pipe to deliver a golf ball from one point to another.
6. **WATER TRANSFER:** A hook connected with strings is attached to all team members. Teams need to walk and hook a bucket of water and fill up an empty bucket at point B.
7. **BOARDWALK:** Two team members must balance over two single beams, approximately 1.5m away by holding hands against time.
8. **GIANT JENGA:** Each team member will have a turn to remove a block from the giant Jenga. The challenge is to ensure that the tower does not tumble down.
9. **MIKADO PICK UP:** Each team needs to collect one stick per turn without moving any other sticks, points are awarded for each stick collected.



10. **FUN PUTTING:** Each team member will have a chance to show their putting skills. The team with most successful putts wins.
11. **CORNHOLE TOSS:** Each team member will have one bean bag that they need to toss into a cornhole. The team with the most bags tossed into the cornhole wins.
12. **BLIND DRAWING:** One team member will be blindfolded while the rest of the team will verbally guide the blindfolded member on what to draw.
13. **GRAVITY CHALLENGE:** All the teams need to stand in a circle, each with a tennis ball. The objective is to throw the ball to a different team member without dropping the ball.
14. **BOLT TOWER:** Blindfolded team members will lift and hold a table to assist the non-blindfolded team member to build a tower using a stick and bolts.
15. **BROKEN TELEPHONE:** Teams must form a line and have a message prepared. The message must be passed-on by whispering to the next person in the line. The team to have the most accurate message at the end of the line wins.
16. **SAND SCULPTURES:** Team members need to build a design of their choice out of sand in a specified time. The best design wins.
17. **JIGSAW ART:** Team members will work on different canvases to collectively make one big art piece.

Personalised Activities



MEDIUM ENERGY

AED 400 per person | Minimum 20 people | 2 hours

1. **EGG & SPOON RACE:** Players race for first place by carrying an egg on a spoon over a set distance.
2. **PASS THE SPUD:** Teams will race to get as many tennis balls as possible from point A to point B. The catch is that they can only use their knees or elbows.
3. **THE SNAKE:** Teams must form a line and hold hands. While holding hands they need to move a hula-hoop from the start to the end of the line. The fastest team to achieve this wins.
4. **THE BRIDGE:** Using two ropes, each team will need to create a pathway to deliver as many tennis balls as possible from one point to another. The team who delivers the most balls wins.
5. **SPIDERWEB:** Blindfolded team members will be guided by a leader to go through a giant spiderweb. Points will be rewarded with each successful team member that gets through.
6. **COVER THE SPOTS:** Blindfolded team members will be guided by a leader to navigate a field full of golf balls, they will be required to cover all of them by using cones with a certain given time. The team who covers more will win.
7. **PULL UPS:** While sitting down in a circle holding a rope, teams will be required to stand up by pulling on the rope at the same time using each other's weight as an aid.



HIGH ENERGY

AED 400 per person | Minimum 20 people | 2 hours

1. **CAPTURE THE FLAG:** Each team member will have a number assigned to them. If their number is called out, they need to capture the flag first to win.
2. **TUG OF WAR:** A classic game of pulling a rope which is being held by another team on the other side of a line. The team that pulls the other team over the line in the middle wins.
3. **TURN AROUND THE CLOCK:** Teams need to spin around a cone and reach their partner on the other side, the first team to finish the mission wins.
4. **SACK RACE:** Teams will do a relay race in a potato sack. The first team to finish wins.
5. **CARDBOARD WALK:** Teams will need to create a path to walk on using cardboard pieces in a race. The first team to reach the finish wins.
6. **VOLLEYBALL:** A classic volleyball tournament where players get divided into two or more teams depending on the number of participants.
7. **FOOTBALL:** A classic football tournament where players get divided into two or more teams depending on the number of participants.
8. **MAT RELAY RACE:** Each team member will be inside a giant rolling mat. They will need to work together to roll the mat like a wheel to the finish. The first team to finish wins.
9. **ULTIMATE FRISBEE:** A non-contact, self-refereed team sport played with a flying disc frisbee. The aim of the game is for teams to try score by throwing the frisbee through the goal posts.
10. **OPEN THE GATES:** One person stands in the middle of the field. That person calls the name of a player to run past him or her in the field without getting touched. If the player gets touched, that player must stay in the middle of the field. If the player gets passed, the gates are opened for everyone to run through.
11. **SCOTTY THE PIRATE:** Stuck in the mud but with a twist where each team has a safe zone. Go into the other team's safe zone to steal their treasure, get caught and you are stuck in the mud, one of your teammates will need to crawl through your legs to free you. The first team to steal all the treasure from the opposite team wins.
12. **BLIND INTENT:** One leader from each team will be the eyes, the rest are blindfolded. The leader needs to guide their team to build a fully functional tent by calling out instructions.

Yacht Experiences

A MORE CASUAL TEAM BUILDING EXPERIENCE

Your yacht experience will include a professionally certified instructor to aid you throughout your experience. This experience includes safety jackets, bottled water, towels and lockers.

1. **50 Ft. Private Yacht**
12 people | AED 3,000 per hour | 3 hours
2. **62 Ft. Private Yacht**
12 people | AED 4,000 per hour | 3 hours

For any additional requests, please inquire with your sales agent.



ATLANTIS

DUBAI

TERMS & CONDITIONS

- Bookings are subject to availability and only confirmed once a confirmation number is provided
- All bookings should be confirmed and payment processed at least 7 days prior to the event date
- Full payment must be made by credit card, cash, cheque or bank transfer
- Prices are subject to change without prior notice
- Minimum number of 20 participants are required for all team building events
- All outdoor team building events include full day admission to Aquaventure Waterpark
- Aquaventure Waterpark charges do not apply for resort guests
- Team building waiver forms must be signed by all participants prior to the event
- If facilitators are required, an additional fee of AED 1,000 per facilitator per hour will apply
- Guests must arrive on time. Team building activities will start on time and late arrivals will not be able to take part in the activity. Full charges will apply

For reservations, please visit atlantis.com/dubai

For images of our award-winning venues, please visit kerznercommunications.com/atlantis