



Escape from your busy day with poolside and cabana treatments specially made for when you are short on time and seeking relaxation.

## AWAKEN POOLSIDE MOMENTS

30 minutes | AED 570 per person

Back, Neck & Shoulder Massage
Back, neck and shoulder focused stress-relief massage.

Head, Scalp & Neck Massage

Powerful meridian massage of the head, scalp and neck.

Foot Reflex Massage

Release pressure on aching legs and heat with a focus on reflex point and fluid reduction.

## AWAKEN POOLSIDE & CABANA MASSAGE

1 hour | AED 1140 per person

Combining Swedish and aromatherapy massage styles with Reiki energy healing, your therapist works the major muscle groups while channelling positive energy flow to restore balance. You select which AWAKEN massage oil works for your immediate needs, as well as your preferred level of pressure in line with your element of choice.



**Earth** Body



**Fire** Mind



**Water** Emotion



**Air** Spirit