

# SPA

## *tariff*

ONE&ONLY SPA TREATMENTS	DURATION (MINS)	PRICE (ZAR)
<b>NATURE</b>		
Essence of Cape Town	120	3500
African Journey	90	2500
Table Mountain Tonic	120	2700
Nature's Resonance by ESPA	60	2770
Harmonising Ritual	90	2770
<b>GLOW</b>		
One&Only Bespoke Facial	60	1870
ESPA Plump and Brighten	90	2060
ESPA Smooth and Sculpt with NuFace	90	2270
ESPA Nourish and Glow	60	1970
ESPA Natural Lift	90	2770
<b>BIOLOGIQUE RECHERCHE</b>		
Skin Instant Lab	30	470
Modular Booster Remodelling Face®	30	770
Biologique Recherche Facial Treatments	60	2970
Soin Seconde Peau		
<i>(revitalising, rejuvenating and renewing)</i>	90	6970
Soin Triple Lift avec Remodeling Face®		
<i>(triple lifting, toning and firming)</i>	120	4970
Micro Puncture Lab	60	2995
<b>SOOTHE</b>		
One&Only Inner Calm Massage	60/90	1770/2100
Soothing Muscle Melt	90	2170
Warming Deep Muscle Massage	60/90	1870/2170
Strength and Resilience Massage	90	2070
Tailored Time	120	3370
Body Wrap	60	1700
Salt and Oil Scrub	30	870
Muscle Reviver	45	1600
<b>VITALITY</b>		
ESPA Targeted Back, Face and Scalp Ritual	90	2470
Mindful Moment Massage	90	2270
Contour and Firm Body Treatment	120	2670
ESPA Positivity Massage	90	2270
<b>COUPLE'S TREATMENT</b>		
Tranquillity	120	6170
Oasis Experience	120	6970
Seclusion Suite with Bath Ceremony	60	1770

Prices valid until 31 October 2025

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### ONLY FOR THE NEW GENERATION

Millennia Massage	50	1070
Freshen Up Facial	50	1370

### NURTURE

Pre-Natal Relax and Restore	60/90	1670/2000
Mother-to-be Spa Ritual Massage	120	2670

### PEDI:MANI:CURE STUDIO

Bastien Duo	75	1795
Bastien Pedicure	60	1070
Bastien Manicure	45	825
Nail Brightness	45	625
Foot Refoundation Massage	35	725
Global Hand and Foot Massage	35	825
Scrub Touch	10	175
Colour Touch	20	180
Paraffin Touch	20	220

### REFIND RELAXATION

Half-day Indulgence	210	4400
Full-day Indulgence	285	6070

### TREATMENT ENHANCEMENTS

Isotonic Hydra Gel Eye Patches	within treatment	275
Personalised Massage	30	880
Optimal ProFacial	30	845
Hotstone / Bellabaci Cups	-	170
Brow / Lip Waxing	30	225
Underarm	30	225
Brazilian	45	470
Hollywood	60	570
Bikini	45	375
Half Leg	30	475
Full Leg	50	575

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