

SPA

tariff

ONE&ONLY SPA TREATMENTS	DURATION (MINS)	PRICE (ZAR)
NATURE		
Essence of Cape Town	120	3850
African Journey	90	2750
Table Mountain Tonic	120	2950
Espa Nature's Resonance by ESPA	60	2770
Harmonising Ritual	90	2870
GLOW		
One&Only Bespoke Facial	60	2060
Espa Plump and Brighten	90	2500
ESPA Smooth and Sculpt with NuFace	90	2500
Espa Nourish and Glow	60	2160
Espa Natural Lift	90	3050
BIOLOGIQUE RECHERCHE		
Skin Instant Lab	30	550
Modular Booster Remodelling Face®	30	850
Biologique Recherche Facial Treatments	60	3000
Soin Seconde Peau		
<i>(revitalising, rejuvenating and renewing)</i>	90	6990
Soin Triple Lift avec Remodeling Face®		
<i>(triple lifting, toning and firming)</i>	120	5090
Micro Puncture Lab	60	3050
SOOTHE		
One&Only Inner Calm Massage	60/90	1950/2250
Soothing Muscle Melt	90	2350
Warming Deep Muscle Massage	60/90	2050/2250
Strength and Resilience Massage	90	2250
Tailored Time	120	3500
Body Wrap	60	1880
Salt and Oil Scrub	30	970
Muscle Reviver	45	1750
VITALITY		
ESPA Hero Back, Face and Scalp	90	2750
Mindful Moment Massage	90	2500
Contour and Firm Body Treatment	120	2850
ESPA Positivity Massage	90	2450
COUPLES TREATMENT		
Tranquillity	120	6550
Oasis Experience	120	6950
Seclusion Suite with Bath Ceremony	60	1950

Prices valid until 31 October 2026

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ONLY FOR THE NEW GENERATION		
Millennia Massage	50	1150
Freshen Up Facial	50	1510
NURTURE		
Pre-Natal Relax and Restore	60/90	1850/2200
Mother-to-be Spa Ritual Massage	120	2950
PEDI:MANI:CURE STUDIO		
Bastien Duo	75	1850
Bastien Pedicure	60	1150
Bastien Manicure	45	850
Nail Brightness	45	750
Foot Refoundation Massage	35	850
Global Hand and Foot Massage	35	950
Scrub Touch	10	195
Colour Touch	20	180
Paraffin Touch	20	220
HALF & FULL DAY INDULGENCE		
Island Escape	210	4600
Island Retreat	285	6050
TREATMENT ENHANCEMENTS		
Isotonic Hydra Gel Eye Patches	within treatment	275
Personalised Massage	30	950
Optimal ProFacial	30	950
Hotstone / Bellabaci Cups	-	175
Brow / Lip Waxing	30	225
Underarm	30	225
Brazilian	45	550
Hollywood	60	650
Bikini	45	475
Half Leg	30	575
Full Leg	50	675

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